



TIMED-RELEASE FORMULA

B 100 Complex

**ONCE DAILY
DIETARY SUPPLEMENT**

60 Tablets

Thompson
SINCE 1932

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take one tablet daily, preferably with food. Store in a cool, dry place.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Thiamine (as thiamine HCl) (B-1)	100 mg	6,667%
Riboflavin (B-2)	100 mg	5,882%
Niacin (as niacinamide) (B-3)	100 mg	500%
Vitamin B-6 (as pyridoxine HCl)	100 mg	5,000%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	100 mcg	1,667%
Biotin	100 mcg	33%
Pantothenic Acid (as calcium pantothenate)	100 mg	1,000%
Choline (as choline bitartrate)	100 mg	•
Inositol	100 mg	•
PABA (para-aminobenzoic acid)	100 mg	•
Natural Support Base (parsley leaf, rice bran, watercress leaf, alfalfa leaf and lecithin [soy])	25 mg	•

*Daily Value not established.

Other Ingredients: Cellulose, stearic acid, silica, magnesium stearate, and peppermint oil.

Our own laboratory analysis guarantees purity and freshness of all Thompson® products.

Mfd. by NutraPure, Inc.

www.nutraceutical.com

Comments or Questions:

Thompson

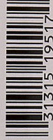
Phoenix, AZ 85029 USA ©2008

800-227-6063

www.thompsonnutritional.com

USE BY:

01/16 160208



0

31315 19517

4

2036780 1107