



Ideal Iron™ 50 mg

ESSENTIAL MINERAL

TWICE DAILY
DIETARY SUPPLEMENT

60 Tablets

Thompson
SINCE 1932

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. In case of accidental overdose, call a doctor or poison control center immediately.

Directions: Use only as directed. Take two tablets daily, preferably with food. Store in a cool, dry place.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%†
Dietary Fiber	<1 g	<1%†
Iron (as ferrous fumarate)	100 mg	556%

†Percent Daily Value based on a 2,000 calorie diet.

Other Ingredients: Cellulose and stearic acid.

Our own laboratory analysis guarantees purity and freshness of all Thompson® products.

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www.nutraceutical.com

Comments or Questions:

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