



MULTIVITAMIN MULTIMINERAL
WITH ENZYMES

THREE DAILY
DIETARY SUPPLEMENT

90 Tablets

Adult Plex®

SINCE 1932

Thompson

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. In case of accidental overdose, call a doctor or poison control center immediately.

Directions: Use only as directed. Take three tablets daily with a meal. Store in a cool, dry place.

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%†
Dietary Fiber	<1 g	<1%†
Vitamin A (as retinyl palmitate)	10,000 IU	200%
Vitamin C (as ascorbic acid)	500 mg	833%
Vitamin D (as cholecalciferol) (D-3)	400 IU	100%
Vitamin E (as a natural source of-alpha-tocopheryl succinate)	400 IU	1,333%
Thiamine (as thiamine HCl) (B-1)	60 mg	4,000%
Riboflavin (B-2)	60 mg	3,429%
Niacin (as niacinamide) (B-3)	150 mg	750%
Vitamin B-6 (as pyridoxine HCl)	60 mg	3,000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	500 mcg	8,333%
Biotin	100 mcg	33%
Pantothenic Acid (as calcium pantothenate)	150 mg	1,500%

	Amount Per Serving	% Daily Value
Calcium (as calcium phosphate, calcium carbonate)	300 mg	30%
Iron (as iron fumarate)	9 mg	50%
Phosphorus (as calcium phosphate)	200 mg	20%
Iodine (as kelp, potassium iodide)	225 mcg	150%
Magnesium (as magnesium oxide)	100 mg	25%
Zinc (as zinc gluconate)	22 mg	147%
Copper (as copper gluconate)	1 mg	50%
Manganese (as manganese gluconate)	3.6 mg	180%
Sodium	10 mg	<1%
Potassium (as potassium chloride)	30 mg	<1%

Citrus Bioflavonoids Complex	5 mg
Pancreatin (4X USP)	25 mg
Pepsin (1:10,000)	50 mg
Betaine HCl	50 mg
PABA (para-aminobenzoic acid)	100 mg
Choline Bitartrate	100 mg
Inositol	10 mg

†Percent Daily Value based on a 2,000 calorie diet.
*Daily Value not established.

Other Ingredients: Cellulose and stearic acid.

Our own laboratory analysis guarantees purity and freshness of all Thompson® products.

Mfd. by NutraPure, Inc.

www.nutraceutical.com

Comments or Questions:

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