



Ultimate Man Gold

a highly bioavailable
multivitamin • multiminerall

cardiovascular^v | energy production^v
immune^v | antioxidant^v | digestion^v

90 Tablets • Dietary Supplement

actual size

nut
free

soy
free

dairy
free

gluten
free

Supplement Facts

Serving Size 3 Tablets
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as 50% Beta Carotene and 50% retinyl palmitate)	5,000 IU	100%
Vitamin C (from calcium ascorbate, magnesium ascorbate and zinc ascorbate)	500 mg	833%
Vitamin D3 (as cholecalciferol)	2000 IU	500%
Vitamin E (as d-alpha tocopherol succinate)	30 IU	100%
Vitamin K2 (as MK-7 Vitamin K2 (as menaquinone)	45 mcg	56%
Thiamine (Vitamin B1)(as thiamine mononitrate)	80 mg	5333%
Riboflavin (Vitamin B2)	80 mg	4706%
Niacin (as niacinamide)	80 mg	400%
Vitamin B6 (from pyridoxine HCl)	50 mg	2500%
Folate (as folic acid)	800 mcg	200%
Vitamin B12 (as methylcobalamin)	500 mcg	8333%
Biotin (as d-biotin)	600 mcg	200%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	500%
Calcium (from calcium ascorbate and calcium citrate)	200 mg	20%
Iodine (from potassium iodide)	150 mcg	100%
Magnesium (from magnesium ascorbate, magnesium oxide and magnesium citrate)	100 mg	25%
Zinc (from zinc ascorbate and zinc citrate)	25 mg	167%
Selenium (from l-selenomethionine)	200 mcg	286%
Copper (from copper glycinate)	2 mg	100%
Manganese (from manganese glycinate)	2 mg	100%
Chromium (from chromium nicotinate glycinate chelate)	200 mcg	167%
Molybdenum (from molybdenum glycinate chelate)	75 mcg	100%
Potassium (from potassium citrate monohydrate)	99 mg	3%
Men's Health Blend	550 mg	*
Phytosterol Beta Sitosterol Complex providing a minimum of 40% Beta Sitosterol	300 mg	
Pomegranate Extract (<i>Punica granatum</i>)(fruit)	100 mg std to 40% Ellagic Acid	40 mg
Maca Extract	50 mg std to 0.6%	
Macamides	300 mcg	
Saw Palmetto Extract (<i>Serenoa serrulata</i>)(berries)	100 mg	
std to 45% Fatty Acids	45 mg	
Antioxidant Health Blend/Energy Blend	450 mg	*
Trans-Resveratrol (<i>Polygonum cuspidatum</i>)(root)	100 mg	
std to 50% trans-resveratrol	50 mg	
Co-Enzyme Q-10 (Ubidecarenone)	50 mg	
Alpha Lipoic Acid	100 mg	
Green Tea Extract Decaffeinated (<i>Camellia sinensis</i>)(leaf)	100 mg std to 98% Polyphenols	98 mg std to 45% EGCG
45 mg		
Rhodiola Rosea Extract (<i>Rhodiola rosea</i>)(root)	100 mg	
std to 5% Rosavins	5 mg	

	Amount Per Serving	% Daily Value
Eye Health Blend	5 mg	*
Lutein 3 mg		
Lycopene (as tomato extract)	1 mg	
Zeaxanthin 1 mg		
Digestive Blend	200 mg	*
<i>Bacillus coagulans</i> (minimum 15 billion units/g)		
(1.5 billion units/serving)	100 mg	
Bromelain (2400 GDU/g)	50 mg	
Ginger Root Extract (<i>Zingiber officinale</i>)(root)	25 mg std to 5% Gingerols & Shogaols	1.25 mg
Papain 2M (from papaya)	25 mg	
Vanadium (from vanadyl sulfate)	1 mg	*
Choline (from choline bitartrate)	25 mg	*
Inositol	25 mg	*
PABA (para-aminobenzoic acid)	25 mg	*
Black Pepper Extract (<i>Piper nigrum</i>)(fruit) std to 95%	5 mg	*
Piperine Alkaloids	4.75 mg	
Boron (as bororganic glycine complex)	3 mg	*

* Daily Value not established.

Other ingredients: Microcrystalline cellulose, dicalcium phosphate, maltodextrin, stearic acid, sterotex NF (hydrogenated cottonseed oil), silica, corn starch, hydroxypropyl methylcellulose, magnesium stearate, croscarmellose sodium, natural vanilla, polyethylene glycol.

Does not contain: Wheat, Gluten, Salt, Soy, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: As a dietary supplement, take three (3) tablets daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are taking any medication or have any medical conditions.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if inner seal is broken or missing.

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