



# Certified Organic Inulin

**PREBIOTIC INTESTINAL SUPPORT**

## Pure Powder

- Stimulates Friendly Bacteria\*
- Very Low Glycemic Index

**Net Wt. 8 oz. (227 g)**

A Dietary Supplement  
Vegetarian/Vegan



**SUGGESTED USAGE:** As a dietary supplement, take 1 level teaspoon 1 to 3 times daily. Mix into your favorite beverage or food. Begin with 1 teaspoon a day and slowly increase dosage to limit GI discomfort.

NOW® Organic Inulin is a fructooligosaccharide that acts as a prebiotic, stimulating the growth of friendly and healthy intestinal bacteria, which supports good colon health.\* Since it also has a very low glycemic index, it is suitable for many people who are on restricted diets. Add it to your favorite beverage or food.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. May cause mild transient GI discomfort. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet Enclosed.



CODE 2944B V5

## Supplement Facts

Serving Size 1 Level Teaspoon (2.8 g)  
Servings Per Container about 81

|                             | Amount<br>Per Serving | % Daily<br>Value |
|-----------------------------|-----------------------|------------------|
| Calories                    | 5                     |                  |
| Total Carbohydrate          | 2.7 g                 | 1%*              |
| Dietary Fiber               | 2.5 g                 | 10%*             |
| <b>Organic Inulin (FOS)</b> | <b>2.8 g</b>          | <b>†</b>         |

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: None.

Distributed by NOW FOODS  
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA  
For more product information visit [www.nowfoods.com/2944](http://www.nowfoods.com/2944)

**Certified Organic** by Quality Assurance International.

Product of China. Packaged in the USA.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry place after opening. Please Recycle.