DIRECTIONS: As a dietary supplement, take two (2) capsules in the morning 30 minutes before eating. For best results, drink plenty of water throughout the day. Do not exceed the recommended dose.

WARNING: Not intended for use by persons under age 18. Do not exceed recommended dose. Do not consume synephrine or caffeine from other sources, including, but not limited to, coffee, tea, soda, and other dietary supplements or medications containing phenylephrine or caffeine. Contains caffeine. Do not use for more than 8 weeks. Consult with your physician prior to use if you are pregnant or nursing, or if you are taking medication, including but not limited to, MAOI inhibitors, antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phenylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate, or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heartbeat, dizziness, severe headache, or shortness of breath.

Distributed by:

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DIETARY SUPPLEMENT

60 VEGGIE CAPSULES

Supplement Facts

Serving Size: 2 Veggie Capsules Servings Per Container: 30

Amount per serving Total Carbohydrate	% Daily Value 1 g <1%*
Vitamin C (as ascorbic acid, citrus bioflavonoi	ds) 60 mg 100%
Vitamin B6 (as pyridoxine HCI)	8 mg 400%
Vitamin B12 (as cyanocobalamin)	48 mcg 800%
Chromium Picolinate	120 mcg 100%
Caralluma Fimbriata (aerial part) Extract	400 mg †
Caffeine Anhydrous	
Green Tea (leaf) Extract (45% EGCG, 63 r	ng) 100 mg †
Ginger Root	196 mg † mg) 100 mg † 100 mg †
Reishi Mushroom	40 mg †
Citrus Aurantium (fruit peel) Extract	30 mg †
(30% synephrine, 9 mg)	
Guarana Extract (22% natural caffeine)	20 mg †
Probiotic Blend	20 mg †
Cascara Sagrada	10 mg †

* % Daily Values are based on a 2,000 calorie diet. † Daily value not established.

Other Ingredients: Vegetable Capsules, Microcrystalline Cellulose, Magnesium Stearate.

DOES NOT CONTAIN: Soy, wheat, yeast, lactose, milk, egg or fish products, sugar, salt, starch, artificial coloring, flavoring or preservatives. Gluten Free.