



Made in the USA

CODE 2711B

V3

**GLUTEN
FREE**



Fruit & Greens[™] PhytoFoods

FRUIT & GREENS SUPERFOOD BLEND

**Whole Food Nutrition
Alkalizing Food Sources*
Great Berry Taste**

Net Wt. 10 oz (284 g)

A Dietary Supplement



Supplement Facts

Serving Size 2 Level Tablespoons (16 g)
Servings Per Container about 18

	Amount Per Serving	% Daily Value
Calories	60	
Calories from Fat	15	
Total Fat	1.5 g	2%*
Total Carbohydrate	11 g	4%*
Dietary Fiber	2 g	8%*
Sugars	5 g	†
Protein	2 g	4%*
Vitamin C (from Organic Amla Extract)	60 mg	100%
Greens Blend:	2.05 g (2,050 mg)	†
Alfalfa Juice Concentrate, Organic Spirulina, Organic Chlorella (Broken Cell Wall), Kelp		
Fruit Blend:	1.4 g (1,400 mg)	†
Organic Acai, Pomegranate Extract, Goji Berry, Mangosteen Extract, Organic Blueberry, Cranberry, Raspberry		
Vegetable Blend:	1.25 g (1,250 mg)	†
Carrot, Spinach, Broccoli, Beet		
Fiber Blend:	1.3 g (1,300 mg)	†
Brown Rice Bran, Apple Fiber, Apple Pectin		
Soy Lecithin Granules	1.8 g (1,800 mg)	†
Plant Multi-Enzyme Blend	200 mg	†
(Protease, Acid-Stable Protease, Amylase, Lipase, Cellulase, Lactase, Papain, Bromelain)		
Polygonum cuspidatum Extract (Root)	200 mg	†
(50% Natural Trans-Resveratrol - 100 mg)		
Organic Raw Maca Root	150 mg	†
(Lepidium meyenii) (Low Starch 6:1 Concentrate)		
Organic Amla Extract (Fruit)	120 mg	†
(Phyllanthus emblica)		
White Chia Seed Meal (Cold-Fractured)	100 mg	†
(Salvia hispanica)		

	Amount Per Serving	% Daily Value
Green Tea Extract (<i>Camellia sinensis</i>) (Leaf) (up to 8 mg of naturally occurring caffeine)	100 mg	†
Organic Inulin (FOS)	100 mg	†
Trace Mineral Concentrate	100 mg	†
Proprietary Blend of	20 mg	†
10 Probiotic Strains (4 Billion Organisms**)		
<i>Lactobacillus acidophilus</i> (La-14), <i>Bifidobacterium lactis</i> (BI-04), <i>Lactobacillus plantarum</i> (Lp-115), <i>Bifidobacterium longum</i> (BI-05), <i>Lactobacillus rhamnosus</i> (Lr-32), <i>Strepto. thermophilus</i> (St-21), <i>Lactobacillus paracasei</i> (Lpc-37), <i>Bifidobacterium breve</i> (Bb-03), <i>Lactobacillus salivarius</i> (Ls-33), <i>Lactobacillus casei</i> (Lc-11)		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Organic Brown Rice Syrup Solids (complex carbohydrate), Natural Vanilla and Berry Flavors with other Natural Flavors, Sodium Copper Chlorophyllin (Chlorophyll).

Contains soy (lecithin).

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
For product information visit www.nowfoods.com/2711

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

** At the time of manufacture.

SUGGESTED USAGE: As a dietary supplement, mix 2 level tablespoons daily into 8 oz. of water or your favorite beverage. Tastes great and mixes easily in water.

This product is sold by weight not volume.

Store in a cool, dry place after opening. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.