SUGGESTED USAGE: Mix 1/3 cup of soy protein isolate powder daily into at least 8 oz. of water, milk or juice. Add fruit and ice, if desired and blend

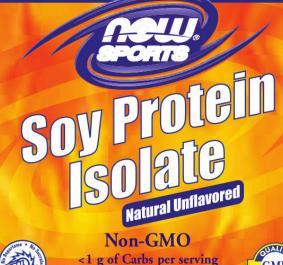
NOW® Non-GMO Soy Protein Isolate is a good vegetable source of high quality complete protein that has an excellent amino acid profile. Soy products, including Soy Protein, have naturally occurring phytoestrogens and beneficial proteins such as Genistein and Daidzein. Make sure you're getting the basic building blocks of good health with high quality Sov Protein Isolate from NOW.

Diets low in saturated fat and cholesterol that include 25 grams of soy protein a day may reduce the risk of heart disease. One serving of NOW® Soy Protein Isolate Powder provides 20 grams of soy protein.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

CODE 2156B V5







20 g of Soy Protein per serving Net Wt. 1.2 lbs. (544 g)



Nutrition Facts

Serving Size 1/3 Cup (24 g) Servings Per Container about 23

Calories 90	Cal	ories from Fat
		% Daily Value
Total Fat 0.5 g		< 19
Saturated Fat 0 g		0%
Trans Fat 0 g		
Cholesterol 0 mg		0%
Sodium 200 mg		8%
Potassium 80 mg		2%
Total Carbohydrate < 1	g	< 19
Dietary Fiber < 1 g		3%
Sugars 0 g		
Protein 20 g		40%
Vitamin A 0%	•	Vitamin C 0%
Calcium 15%	•	Iron 15%
* Percent Daily Values are ba Your daily values may be high		
your calorie needs:	2,000 Calories	2,500 Calories

Total Carbohydrate Dietary Fiber 25g Calories per gram: Fat 9 · Carbohydrate 4 · Protein 4

300mg

3,500mg

Ingredient: Soy Protein Isolate (IP, Non-GMO). Distributed by NOW FOODS

Product of China. Packaged in the USA.

Less than 65g Less than 20g

Less than 300mg

Less than 2,400mg

Less than 3,500mg

Cholesterol

395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA www.nowsportsproducts.com

Typical Amino Acid Profile (example) (per serving)**

Essential	mg Per
Amino Acids	24 g Serving
L-Isoleucine	830
L-Leucine	1805
L-Lysine	1303
L-Methionine	302
L-Phenylalanine	929
L-Threonine	691
L-Tryptophan	360
L-Valine	974
Non-Essential Am	ino Acids
L-Alanine	845
L-Arginine	1589
L-Aspartic Acid	2474
L-Cysteine	634
L-Glutamic Acid	3965
Glycine	814
L-Histidine	646
L-Proline	1066
L-Serine	1092
L-Tyrosine	756

Not manufactured with yeast, wheat aluten, milk, eag, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Vegetarian/Vegan Product.

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.

