



Calcium Magnesium with Zinc

MULTIMINERAL FORMULA

THREE DAILY
DIETARY SUPPLEMENT

180 Tablets

Thompson
SINCE 1932

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take three tablets daily. Store in a cool, dry place.

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 60

	Amount Per Serving	% Daily Value
Calcium (as calcium carbonate)	1,000 mg	100%
Magnesium (as magnesium oxide)	400 mg	100%
Zinc (as zinc gluconate)	15 mg	100%
Sodium	5 mg	<1%

Other Ingredients: Cellulose, stearic acid and silica.

Discussion: Calcium is a major constituent of bones and teeth and is important for nerve function, muscle contraction and cardiovascular health. Calcium may help reduce the risk of osteoporosis in some individuals. Magnesium is one of the prime regulators of calcium flow within cells. Magnesium also helps strengthen teeth and aids bone growth. Zinc is a cofactor of more than 200 enzymes, including those involved in the production of DNA and RNA. Zinc is necessary for normal metabolism, immune health and cell function.

Our own laboratory analysis guarantees purity and freshness of all Thompson® products.

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Comments or Questions:

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