



Thompson
SINCE 1932

Psyllium Husk

1050 mg

SOLUBLE FIBER

**TWICE DAILY
DIETARY SUPPLEMENT**

120 Capsules

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Not recommended for children under 12 years of age. Keep your licensed health care practitioner informed when using this product. This product should not be taken within 2 hours before or after taking medicines or other dietary supplements. Consult a physician before or when using this product if you have sudden changes in bowel habits persisting for two weeks or have abdominal pain, nausea, vomiting or rectal bleeding. Not taking with enough water may cause choking.

Directions: Use only as directed. Take two capsules daily with a full 8 oz. glass of water. Store in a cool, dry place.

Supplement Facts

**Serving Size 2 Capsules
Servings Per Container 60**

	Amount Per Serving	% Daily Value
Total Carbohydrate	1 g	<1%†
Dietary Fiber	1 g	4%†
Psyllium (<i>Plantago ovata</i>) (seed husk)	1,050 mg	-

†Percent Daily Value based on a 2,000 calorie diet.
*Daily Value not established.

Other Ingredients: Gelatin (capsule).

Discussion: Psyllium Husk is a soluble fiber and bulking agent and is a convenient way to increase the intake of dietary fiber.

Our own laboratory analysis guarantees purity and freshness of all Thompson® products.

Mfd. by NutraPure, Inc.

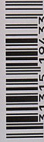
www.nutraceutical.com

Comments or Questions:

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