

**DYMATIZE**  
NUTRITION

**Whey & Casein Blend**

# ELITE

# Gourmet

**The Most Delicious Protein**

DIETARY SUPPLEMENT

**Award Winning Taste**  
**Instant Mixability**

**CHOCOLATE PEANUT BUTTER**

NATURALLY & ARTIFICIALLY FLAVORED

NET WT. 2 LBS (908g)

Dymatize's delicious and exclusive ELITE formula provides the perfect ratio of Essential and Non-Essential Amino Acids in their most easily assimilated form.

**ELITE GOURMET PROTEIN** is so delicious it tastes like Gourmet Chocolate Peanut Butter Ice Cream! ELITE Gourmet is the *perfect blend of Ion-Exchange Whey Protein Concentrates, Whey Protein Isolates, and Whey Peptides, combined with Milk Protein rich in natural micellar caseins & caseinates plus added calcium caseinates.* By combining these extraordinary and top quality protein sources ELITE Gourmet satisfies your tastebuds & your protein diet needs in one delicious shake.

**ELITE GOURMET PROTEIN** contains high levels of Glutamine and Glutamine Peptides as well as

substantial amounts of Essential and Non-Essential Amino acids, including the Branch Chain Amino Acids.

Each serving of Elite Gourmet is derived from only the finest protein sources. Sources with BOTH ultra high PER (Protein Efficiency Ratios) and the most modern protein scale, the PDCAAS (Protein Digestibility Corrected Amino Acid Score). On the PDCAAS Scale, the protein sources used in Elite Gourmet all score at least a 1.0 – a perfect score.

With Elite Gourmet, you can have it all. You get the finest protein sources combined with the best flavor.<sup>†</sup>

**DIRECTIONS:** Add 1 level scoop to 5-6 ounces of water, milk, or juice. Stir, shake, or blend for 20 seconds, or until completely dispersed, then drink immediately.

F) Mode d'emploi : rajouter une cuillerée à ras à 180 – 200 ml d'eau, de jus ou de lait. Tourner pendant 20 secondes ou jusqu'à ce que le produit soit complètement dispersé. La protéine de lactosérum Dymatize Elite assure un rapport parfait d'acides aminés essentiels et non essentiels sous leur forme la plus facilement assimilable. Le dosage suggéré de vente n'est pas équilibré et peut être mélangé dans pratiquement n'importe quel liquide pour produire une délicieuse boisson frappée à haute teneur en protéines.

S) Instrucciones: Añadir un cucharón a ras a 5-6 onzas de agua, jugo, o leche. Revolver, agitar, o mezclar durante 20 segundos, o hasta que se haya dispersado completamente. La proteína de lactosérum Dymatize Elite asegura un perfecto balance de aminoácidos esenciales y no esenciales en la forma de asimilación más fácil. El sabor increíble de vainilla dulce no es dominante y puede mezclarse con cualquier cosa para producir un batido de alta proteína delicioso.

NL) Het voedingsupplement ELITE is een instant eiwitconcentraat dat uit 100% wei-eiwit bestaat. Een evenwichtige voeding bevat voldoende vitamines. Koel en droog bewaren. Na opening goed sluiten. Tenminste houdbaar tot: zie pot. Buiten bereik van kinderen houden. Geproduceerd in de USA. Importeur: Dymatize - Sprundel - Nederland. Dosering: Als aanvulling op uw dieet en verandering naar in 1 tot 4 dagen (32.4g). Meng 32.4 gram met 180-200ml water of magere melk. Dymatize Elite Whey Protein is een eiwitconcentraat met een optimale aminozuur patroon en een hoge concentratie BCAA's. Elite Whey Protein zorgt voor een sneller herstel en een optimale spieropbouw. De lage glycemische index minimaliseert de kans op een stijging van de bloedsuikerspiegel, terwijl de natuurlijke productie van insuline en glucagon wordt gestimuleert.

D) Dosierung: Mischen Sie 32.4g mit 180-200ml Wasser oder fettarme Milch. 1 bis 4 mal am Tag. Dymatize Elite Whey Protein ist aus spezialisierten Molkenmilch hergestellt und enthält in extrem hohen Mengen BCAA's. Mit diesem Spitzenprotein maximieren Sie Ihren Aminosäurepegel im Körper, fördern einen raschen Muskelaufbau und verhindern den Cholesterolspiegel maximale fettfreie Muskelaufbau.

I) Modalità d'uso: aggiungere un misurino (32.4g) in 180-200 ml. di acqua o latte totalmente scremato. Agitare o mescolare per circa 20 secondi sino a quando il prodotto si è ben sciolto, poi berlo immediatamente. La Elite Whey Protein assicura un perfetto bilanciamento di aminoacidi essenziali e non-essenziali nella loro formula più facilmente assimilabile. Elite Whey prodotto per la UE non contiene enzimi digestivi.

#### TYPICAL AMINO ACID PROFILE PER 100 GRAMS OF PROTEIN

##### Essential Amino Acids

|                         |           |
|-------------------------|-----------|
| Isoleucine (BCAA)       | 6.017 mg  |
| Leucine (BCAA)          | 10.127 mg |
| Lysine                  | 5.899 mg  |
| Methionine              | 2.102 mg  |
| Phenylalanine           | 3.290 mg  |
| Threonine               | 6.136 mg  |
| Tryptophan <sup>†</sup> | 1.616 mg  |
| Valine (BCAA)           | 5.773 mg  |

##### Non-Essential Amino Acids

|                        |           |
|------------------------|-----------|
| Alanine                | 4.756 mg  |
| Arginine               | 2.508 mg  |
| Aspartic Acid          | 9.985 mg  |
| Glutamic Acid          | 2.465 mg  |
| Glutamine & Precursors | 17.355 mg |
| Glycine                | 1.714 mg  |
| Histidine              | 1.797 mg  |
| Proline                | 6.368 mg  |
| Serine                 | 5.014 mg  |
| Tyrosine               | 3.344 mg  |

<sup>†</sup> Naturally occurring. Not added or manufactured.



Manufactured & Distributed by:  
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**BUILDING BETTER BODIES®**  
DYMATIZE.COM

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size: 1 Scoop (~32.4g) Servings per container: 28

| Amount Per Serving                                  |      | Calories from Fat 15   |      |
|-----------------------------------------------------|------|------------------------|------|
| Calories                                            | 125  |                        |      |
|                                                     | %DV* |                        | %DV* |
| Total Fat 1.5 g                                     | 2%   | Total Carbohydrate 6 g | 2%   |
| Saturated Fat 0.5 g                                 | 4%   | Dietary Fiber <1 g     | 2%   |
| Trans Fat 0 g                                       |      | Sugars 0 g             |      |
| Cholesterol 20 mg                                   | 6%   | Protein 21 g           |      |
| Sodium 150 mg                                       | 6%   |                        |      |
| Vitamin A 0% • Vitamin C 2% • Calcium 25% • Iron 2% |      |                        |      |

\* Percent Daily Values (%DV) are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**INGREDIENTS:** Whey Protein Matrix (Whey Protein Concentrate, Whey Protein Isolate, Whey Peptides), Milk Protein Matrix (Milk Protein, Containing Micellar Caseins & Caseinates, Calcium Caseinates), Cocoa, Natural and Artificial Flavors, Soybean Oil, Guar Gum, Potassium Chloride, Acesulfame-Potassium, Sucralose. Contains Milk and Soy.

F) Ingrédients: Protéine Matrix (Concentré Protéique de Petit Lait, Isolât de Protéine de Petit Lait, Peptides de Petit Lait, Grille des protéines du lait (protéines de lait, contenant Micellar Caseins et caséinates, Caséinates de calcium), Cacao, naturels et artificiels Flavors, Huile de soja, gomme de guar, chlorure de potassium, Acesulfame-potassium, sucralose. Contient du lait et de soja.

S) Ingredientes: Matriz de proteína de suero (concentrado de proteínas de suero de leche, proteína de suero aislado, péptidos de suero), Matriz de proteínas de la leche (leche de proteínas, un contenido Micellar Caseins y caseinates, caseinates de calcio), Cacao, natural y sabores artificiales, Aceite de soja, goma guar, cloruro de potasio, Acesulfame de potasio, la sucralosa. Contiene leche y soja.

NL) Ingrediënten: Whei-eiwit matrix (wei-eiwit concentraat, wei-eiwit isolaat, wei-peptiden), Melk Eiwit Matrix (melkwitvet, met Micellar Caseins &amp; Caseinaten, Calcium Caseinaten), Cacao, natuurlijke en kunstmatige Flavors, sojaolie, Guar gom, kaliumchloride, Kalium-acesulfame, Sucralose. Bevat melk en Soja.

D) Zutaten: Whey Protein Matrix (Whey Protein Concentrate, Whey Protein Isolat, Molke Peptide), Milk Protein Matrix (Milk Protein, mit Micellar Caseins & Caseinaten, Calcium Caseinaten), Kakao, natürliche und künstliche Aromen, Sojabl, Guararom, Kaliumchlorid, Acesulfam-Kalium, Sucralose. Enthält Milch und Soja.

I) Ingredienti: Matriz proteica del suero di latte (un concentrato di proteine di siero di latte, isolato di proteine di siero di latte, siero di latte peptidi), Matrici di proteine del latte (proteine del latte, contenenti Micellar Caseins & caseinates, calcio caseinates), Cacao, naturali e artificiali, saponi, Olio di soia, gomma di guar, cloruro di potassio, Acesulfame potassio, sucralosa. Latte e contiene soia.

**NO ADDED Sucrose, Fat, Fillers, Maltodextrin, or Aspartame**

Value nutritive pour dose (32.4g/100g) / Informacion nutricional por ración (32.4g/100g) / Voedingwaard per dosering (32.4g/100g) / Nährwertinformation pro dosierung (32.4g/100g) / Valor Nutricional per dose (32.4g/100g)

|                                                                   | 32.4g    | 100g    |
|-------------------------------------------------------------------|----------|---------|
| Proteins/Protéines/Proteïnen/Proteine/Proteínas                   | 21 gram  | 65 gram |
| Carbohydrates/Carboidratos/Carboidratos/Carboidratos/Carboidratos | 6 gram   | 19 gram |
| Fats/Graassen/Graas/Vetten/Fats                                   | 1.5 gram | 5 gram  |



MANUFACTURED IN THE USA  
EEC APPROVED  
DYMATIZE ENTERPRISES, INC.  
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