



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: As a dietary supplement, take two (2) capsules in the morning 30 minutes before eating with a full glass of water. For best results, drink plenty of water throughout the day. Do not exceed the recommended dose.

WARNING: Not intended for use by persons under age 18. Do not exceed recommended dose. Do not consume synephrine or caffeine from other sources, including, but not limited to, coffee, tea, soda, and other dietary supplements or medications containing phenylephrine or caffeine. Contains caffeine. Do not use for more than 8 weeks. Consult with your physician prior to use if you are pregnant or nursing, or if you are taking medication, including but not limited to, MAOI inhibitors, antidepressants, aspirin, non-steroidal anti-inflammatory drugs or products containing phenylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate, or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heartbeat, dizziness, severe headache, or shortness of breath.

Distributed by:

creative
bioscience

4530 South 300 West
Murray, UT 84107



www.30day30nightdiet.com
www.creativebioscience.com

30

day diet™
Design the NEW YOU*

DIETARY SUPPLEMENT
60 VEGGIE CAPSULES

Supplement Facts

Serving Size: 2 Veggie Capsules

Servings Per Container: 30

Amount per serving	% Daily Value	
Total Carbohydrate	1 g	<1%*
Vitamin C (Ascorbic Acid)	60 mg	100%
Vitamin B6 (as pyridoxine HCl)	8 mg	400%
Vitamin B12 (as cyanocobalamin)	48 mcg	800%
Chromium (as chromium picolinate)	120 mcg	100%
Lychee (fruit) Extract	200 mg	†
African Mango (seed) Extract (Irvingia Gabonensis)	300 mg	†
Raspberry Ketones	200 mg	†
Caffeine (from Guarana seed and Caffeine Anhydrous)	200 mg	†
Green Tea (leaf) Extract (45% EGCG, 63 mg)	140 mg	†
Citrus Aurantium (fruit peel) Extract (30% synephrine, 9 mg)	30 mg	†

* % Daily Values are based on a 2,000 calorie diet.

† Daily value not established.

Other Ingredients: Vegetable Capsule, Microcrystalline Cellulose, Magnesium Stearate.

DOES NOT CONTAIN: Soy, wheat, yeast, lactose, milk, egg or fish products, sugar, salt, starch, artificial coloring, flavoring or preservatives. **Gluten Free.**

UNLIMITED SUPPORT 877-744-1224