DIRECTIONS: As a dietary supplement, take two (2) capsules in the evening 30 minutes before eating with a full glass of water. For best results, drink plenty of water throughout the day. Do not exceed the recommended dose.

WARNING: Use only as suggested. Consult a physician before use if you or a family member have been diagnosed with any medical conditions. Discontinue use and contact a physician if you experience any unusual symptoms. Do not use if you are under 18, pregnant, nursing, and/or packaging is broken. KEEP OUT OF REACH OF CHILDREN.

Distributed by:

## **creative** bioscience

4530 South 300 West Murray, UT 84107

www.30day30niahtdiet.com www.creativebioscience.com





**DIETARY SUPPLEMENT 60 VEGGIE CAPSULES** 

## Supplement Facts

Serving Size: 2 Veggie Capsules Servings Per Container: 30

Amount per serving	% Daily	/ Value
Total Carbohydrate Vitamin C (Ascorbic Acid)	1 g 60 mg	<1% <sup>1</sup>
Lychee (fruit) Extract African Mango (seed) Extract	200 mg 300 mg	†
Raspberry Ketones Caralluma Fimbriata (aerial part) Extract Griffonia Simplicifolia (seed) Extract (5-H1	200 mg 400 mg	†

\* % Daily Values are based on a 2,000 calorie diet. † Daily value not established.

Other Ingredients: Vegetable Capsule, Microcrystalline Cellulose, Magnesium Stearate, Silica,

DOES NOT CONTAIN: Soy, wheat, yeast, lactose, citrus, milk, egg or fish products, sugar, salt, starch, artificial coloring, flavoring or preservatives. Gluten Free.