

DYMATIZE
NUTRITION

Whey & Casein Blend

ELITE
Gourmet

The Most Delicious Protein
DIETARY SUPPLEMENT

Award Winning Taste
Instant Mixability

STRAWBERRIES AND CREAM

NATURALLY & ARTIFICIALLY FLAVORED

NET WT. 2 LBS (908g)



Dymatize's delicious and exclusive ELITE formula provides the perfect ratio of Essential and Non-Essential Amino Acids in their most easily assimilated form.

ELITE GOURMET PROTEIN is so delicious it tastes like Gourmet Strawberry Ice Cream!

ELITE Gourmet is the *perfect blend of Ion-Exchange Whey Protein Concentrates, Whey Protein Isolates, and Whey Peptides, combined with Milk Protein rich in natural micellar caseins & caseinates plus added calcium caseinates.* By combining these extraordinary and top quality protein sources **Elite Gourmet** satisfies your tastebuds & your protein diet needs in one delicious shake.

ELITE GOURMET PROTEIN contains high levels of Glutamine and Glutamine Peptides as well as

substantial amounts of Essential and Non-Essential Amino acids, including the Branch Chain Amino Acids.

Each serving of **Elite Gourmet** is derived from only the finest protein sources. Sources with BOTH ultra high PER (Protein Efficiency Ratios) and the most modern protein scale, the PDCAAS (Protein Digestibility Corrected Amino Acid Score). On the PDCAAS Scale, the protein sources used in **Elite Gourmet** all score at least a 1.0 – a perfect score.

With **Elite Gourmet**, you can have it all. You get the finest protein sources combined with the best flavor.[†]

DIRECTIONS: Add 1 level scoop to 5-6 ounces of water, milk, or juice. Stir, shake, or blend for 20 seconds, or until completely dispersed, then drink immediately.

F) Mode d'emploi: Ajouter une cuillerée à ras à 180-200 ml d'eau, de jus ou de lait. Tourner pendant 20 secondes ou jusqu'à ce que le produit soit complètement dispersé. La protéine de lactosérum Dymatize Elite assure un rapport parfait d'acides aminés essentiels et non essentiels sous leur forme la plus facilement assimilable. Le dosage suggéré de vente n'est pas équilibré et peut être mélangé dans pratiquement n'importe quel liquide pour produire une délicieuse boisson frappée à haute teneur en protéines.

S) Instrucciones: Añadir un cucharón a ras a 5-6 onzas de agua, jugo o leche. Revolver, agitar o mezclar durante 20 segundos, o hasta que se haya desmenuado completamente. La proteína de lactosérum Dymatize Elite garantiza una proporción perfecta de aminoácidos esenciales y no esenciales en la forma de asimilación más fácil. El sabor increíble de vainilla dulce no es dominante y puede mezclarse con cualquier cosa para producir un batido de alta proteína delicioso.

NL) Het voedingsupplement ELITE is een instant eiwitconcentraat dat uit 100% wei-eiwit bestaat. Een evenwichtige voeding bevat voldoende aminozuren. Koel en droog bewaren. Na opening goed sluiten. Tenminste houdbaar tot: zie pot. Buiten bereik van kinderen houden. Geproduceerd in de USA. Importeur: Dymatize - Sprundel - Nederland. Dosering: Als aanvulling op uw dieet kan u verder nemen in 1 tot 4 doseringen (21g). Meng 21 gram met 180-200ml water of magere melk. Dymatize Elite Whey Protein is een uitgebalanceerd eiwit formule met een optimaal aminozuur patroon en een hoge concentratie BCAA's. Elite Whey Protein zorgt voor een sneller herstel en een optimale spieropbouw. De lage glycemische index minimaliseert de kans op een stijging van de bloedsuikerpiegel, terwijl de natuurlijke productie van insuline en glucagon wordt gestimuleert.

D) Dosierung: Mischen Sie 31g mit 180-200ml Wasser oder fettarme Milch. 1 bis 4 mal am Tag. Dymatize Elite Whey Protein ist aus speziellem Molkenprotein hergestellt und enthält in extrem hohen Mengen BCAA's. Mit diesem Spitzenprotein maximieren Sie Ihren Aminosäurepegel im Körper, fördern einen regelmäßigen anabolen Aufbau und verhindern den Cholesterinspiegel maximale fettfreie Muskelmasse.

I) Modalità d'uso: aggiungere un misurino (31 g) in 180-200 ml di acqua o latte totalmente scremato. Agitare o mescolare per circa 20 secondi sino a quando il prodotto si è ben sciolto, poi bere immediatamente. La Elite Whey Protein assicura un perfetto bilanciamento di aminoacidi essenziali e non-essenziali nella loro formula più facilmente assimilabile. Elite Whey prodotto per la UE non contiene enzimi digestivi.

TYPICAL AMINO ACID PROFILE PER 100 GRAMS OF PROTEIN

Essential Amino Acids

Isoleucine (BCAA)	6.017 mg
Leucine (BCAA)	10.127 mg
Lysine	5.899 mg
Methionine	2.102 mg
Phenylalanine	3.290 mg
Threonine	6.136 mg
Tryptophan [†]	1.615 mg
Valine (BCAA)	5.773 mg

Non-Essential Amino Acids

Alanine	4.756 mg
Arginine	2.508 mg
Aspartic Acid	9.985 mg
Cysteine	2.465 mg
Glutamine & Precursors	17.355 mg
Glycine	1.714 mg
Histidine	1.797 mg
Proline	6.368 mg
Serine	5.014 mg
Tyrosine	3.344 mg

[†] Naturally occurring. Not added or manufactured.



Manufactured & Distributed by:
Dymatize Enterprises Inc.
13737 N Stemmons FWY
Dallas, TX 75234
(888) 334-LEAN / (972) 732-1990

BUILDING BETTER BODIES®
DYMATIZE.COM

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 1 Scoop (~31g)	Servings per container: 29+
Amount Per Serving	
Calories 120	Calories from Fat 15
%DV*	%DV*
Total Fat 1.5 g	2%
Total Carbohydrate 5 g	2%
Saturated Fat 0.5 g	4%
Dietary Fiber 0 g	0%
Trans Fat 0 g	Sugars 0 g
Cholesterol 20 mg	6%
Protein 21 g	
Sodium 75 mg	3%
Vitamin A 0%	Vitamin C 2%
Calcium 25%	Iron 2%

* Percent Daily Values (%DV) are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Whey Protein Matrix (Whey Protein Concentrate, Whey Protein Isolate, Whey Peptides), Milk Protein Matrix (Milk Protein, Containing Micellar Caseins & Caseinates, Calcium Caseinates), Natural and Artificial Flavors, Soybean Oil, Guar Gum, Potassium Chloride, Beet Powder, Acesulfame-Potassium, Sucralose, Red #40. Contains Milk and Soy.

F) Ingrédients: Protéine Matrix (Concentré Protéique de Petit lait, Isolât de Protéine de Petit lait, Peptides de Petit lait), Grille des protéines du lait (protéines de lait, contenant Micellar Caseins et casinates, Casinates de calcium), naturels et artificiels Flavors, Huile de soja, gomme de guar, chlorure de potassium, Poudre de betterave, Acesulfame-potassium, sucralose, rouge #40. Contient du lait et de soja.

S) Ingredientes: Matriz de proteína de suero (concentrado de proteínas de suero de leche, proteína de suero aislado, Péptidos de suero), Matriz de proteínas de la leche (leche de proteínas, un contenido Micellar Caseins y caseinatos, caseinatos de calcio), natural y sabores artificiales, Aceite de soja, goma guar, cloruro de potasio, Polvo de remolacha, Acesulfamo de potasio, la sucralosa, rojo #40. Contiene leche y soja.

NL) Ingrediënten: Wei-eiwit matrix (wei-eiwit concentraat, wei-eiwit isolaat, weipeptiden), Melk Eiwit Matrix (melkwit-eiwit, met Micellar Caseïnen & caseïnat, Calcium caseïnat), natuurlijke en kunstmatige Flavors, sojaolie, Guar gom, kaliumchloride, Beet Poeder, Kalium-acesulfam, Sucralose, rode #40. Bevat melk en Soja.

D) Zutaten: Whey Protein Matrix (Whey Protein Concentrate, Whey Protein Isolat, Molke Peptide), Milk Protein-Matrix (Milk Protein, mit Micellar Caseinen & Caseinat Calcium Caseinate), natürliche und künstliche Aromen, Sojaöl, Guar gummi, Kaliumchlorid, Rote Beete Pulver, Acesulfam-Kalium, Sucralose, Rot #40. Enthält Milch und Soja.

I) Ingredienti: Matriz proteica del suero (un concentrato di proteine di siero di latte, isolato di proteine di siero di latte, siero di latte peptidi), Matrice di proteine del latte (proteine del latte, contenenti Micellar Caseins & caseinati, calcio caseinati), naturali e artificiali sapori. Olio d soia, gomma di guar, cloruro di potassio, Polvere di barbabietola, Acesulfame potassio, sucralosio rosso #40. Latte e contiene soia.

NO ADDED Sucrose, Fat, Fillers, Maltodextrin, or Aspartame

Value nutritive pour dose (31 g/100g) / Información nutricional por ración (31 g/100g) / Voedingwaard per dosering (31g/100g) / Nährwertinformation pro dosierung (31 g/100g) / Valori Nutrizionali per dose (31 g/100g)

	31g	100g
Proteins/Proteinas/Eiwitten/Weibei Protein	29 gram	88 gram
Glucose/Carbhidrats/Koolhydraten/Kohlenhydrate/Carboidrati	5 gram	14 gram
Fats/Lipids/Graassen/Vetten/Fetten/Grassi	1.5 gram	4.5 gram

MANUFACTURED IN A
NSF
GMP
CERTIFIED FACILITY

Manufactured at a
FDA
Inspected Facility

MANUFACTURED IN THE USA
EEC APPROVED
DYMATIZE ENTERPRISES, INC.
PLANT# 3005816913