

SOFTGEL SIZE

Made in the USA



CODE 1718 V4

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Coconut Oil (*Cocos nucifera*) is a traditional dietary staple of the people of Asia, Africa, and the Pacific Islands and has been used in Ayurvedic herbalism for thousands of years. NOW® Virgin Coconut Oil is unrefined cold-pressed oil, and does not utilize any solvents in the manufacturing process. Coconut oil has no trans-fats and is abundant in Medium Chain Triglycerides (MCTs), such as lauric acid (C-12) and caprylic acid (C-8). MCTs are less likely to be stored in the body as fat than most other fatty acids. Combined with essential fatty acids, it is a perfect addition to an overall healthy lipid program.*

NOW® Virgin Coconut Oil delivers the natural nutrient profile found in Genuine Whole Foods.

SUGGESTED USAGE: As a dietary supplement, take 3 softgels 2 to 3 times daily with meals.



Virgin Coconut Oil

BENEFICIAL FATTY ACIDS*

1000 mg

- Abundant in MCT's
- Cold-Pressed and Unrefined
- Trans-Fat Free

Made with
Organic
Coconut Oil

120 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 3 Softgels Servings Per Container 40

	Amount Per Serving	% Daily Value
Calories	30	
Calories from Fat	25	
Total Fat	3 g	5%*
Saturated Fat	2.5 g	13%*
Trans Fat	0 g	†
Protein	< 1 g	1%*
Organic Virgin Coconut Oil	3 g (3,000 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water).

Formulated & Distributed by NOW FOODS

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For more product information visit www.nowfoods.com/1718

Certified Organic by Quality Assurance International.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product may begin to solidify at temperatures below 78°F (26°C).

Store in a cool, dry place after opening. Please Recycle.

NOW also supplies Organic Virgin Coconut Oil in liquid form.