

CAPSULE SIZE

Made in the USA



CODE 1544B
V3

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.
Do Not Eat Freshness Packet. Keep in Bottle.
Store in a cool, dry place after opening. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: As a dietary supplement, take 2 capsules twice daily, preferably with food.
NOW® Full Spectrum Mineral Caps is a comprehensive combination of the most important dietary minerals used by your body. This formula contains recommended potencies of essential minerals, including Calcium for strong bones and teeth and Zinc for immune system support.* Plus, Full Spectrum Mineral Caps is an iron-free supplement and has a 1:1 ratio of Calcium to Magnesium.



Full Spectrum Mineral Caps

MULTI MINERAL FORMULA

- High Calcium for Bone Health*
- Iron-Free Formula

120 Capsules
A Dietary Supplement



Supplement Facts

Serving Size 2 Capsules Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin D-3 (as Cholecalciferol)	200 IU	50%
Calcium [from Calcium Carbonate (Aquamin® Red Algae Sea Minerals)]	250 mg	25%
Iodine (from Potassium Iodide)	112.5 mcg	75%
Magnesium (from Magnesium Oxide, Magnesium Citrate and Aquamin®)	250 mg	63%
Zinc (from Zinc Bisglycinate) (TRAACS®)	7.5 mg	50%
Selenium (from L-Selenomethionine)	50 mcg	71%
Copper (from Copper Bisglycinate) (TRAACS®)	1 mg	50%
Manganese (from Mang. Bisglycinate) (TRAACS®)	2.5 mg	125%
Chromium (from Chromium Picolinate)	100 mcg	83%
Molybdenum (from Sodium Molybdate)	50 mcg	67%
Potassium (from Potassium Chloride)	50 mg	1%

Other ingredients: Gelatin (capsule), Rice Flour and Magnesium Stearate (vegetable source).

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/1544

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

U.S. Patent 7,838,042 and patents pending, and the trademark TRAACS® are used under license from Albion Laboratories, Inc.; Aquamin® is a registered trademark of Marigot Limited.