



**TWICE DAILY  
DIETARY SUPPLEMENT**

**ANTIOXIDANT CHEWABLE**

# Pomegranate CoQ-10

**Thompson**  
SINCE 1932

**60** Chewables

**WARNING:** Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.  
**Directions:** Use only as directed. Take two chewable tablets daily. Store in a cool, dry place.

## Supplement Facts

Serving Size 2 Chewable Tablets  
Servings Per Container 30

	Amount Per Serving	% Daily Value
<b>Calories</b>	15	
<b>Total Carbohydrate</b>	4 g	1%†
Pomegranate (fruit extract)	200 mg	*
Pomegranate (fruit extract) (70% Ellagic Acid, yielding 81 mg Ellagic Acid)	116 mg	*
Coenzyme Q-10	30 mg	*

†Percent Daily Value based on a 2,000 calorie diet.

\*Daily Value not established.

**Other Ingredients:** Sorbitol, xylitol, maltodextrin, vegetable juice color, cellulose, natural mixed berry flavor with other natural flavors, magnesium stearate, stearic acid, citric acid, silica, malic acid and FOS blend (fructooligosaccharides, sprouted mung bean extract).

**Discussion:** Since the days of antiquity, Pomegranate has been considered a fruit with many health benefits. Its brilliant red seeds contain a variety of antioxidant phenolics, notably punicalagins. Punicalagins yield Ellagic Acid, a flavonol which has been the subject of several studies. Coenzyme Q-10 is essential for the health of all body cells, tissues and organs. CoQ-10 helps the body convert food into energy and is intended to provide nutritive support for healthy gum tissue. CoQ-10 also provides superior antioxidant protection for cellular membranes against free radical damage.

**Our own laboratory analysis guarantees purity and freshness of all Thompson® products.**

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**Comments or Questions:**

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