

DYMATIZE
NUTRITION

The Most Delicious Protein

ELITE[®] Gourmet

DIETARY SUPPLEMENT

**Award Winning Taste
Whey & Casein Blend
Instant Mixability**

COOKIES AND CREAM

NATURALLY & ARTIFICIALLY FLAVORED

NET WT 5 LBS (2268g)



Dymatize's delicious and exclusive ELITE formula provides the perfect ratio of Essential and Non-Essential Amino Acids in their most easily assimilated form.

ELITE GOURMET PROTEIN is so delicious it tastes like Gourmet Cookies and Cream Ice Cream! ELITE Gourmet is the perfect blend of Ion-Exchange Whey Protein Concentrates, Whey Protein Isolates, and Whey Peptides, combined with Milk Protein rich in natural micellar caseins & caseinates plus added calcium caseinates. By combining these extraordinary and top quality protein sources Elite Gourmet satisfies your taste buds & your protein diet needs in one delicious shake.

ELITE GOURMET PROTEIN contains high levels of Glutamine and Glutamine Peptides as well as

substantial amounts of Essential and Non-Essential Amino acids, including the Branch Chain Amino Acids.

Each serving of Elite Gourmet is derived from only the finest protein sources. Sources with BOTH ultra high PER (Protein Efficiency Ratios) and the most modern protein scale, the PDCAAS (Protein Digestibility Corrected Amino Acid Score). On the PDCAAS Scale, the protein sources used in Elite Gourmet all score at least a 1.0 – a perfect score.

With Elite Gourmet, you can have it all. You get the finest proteins sources combined with the best flavor.

DIRECTIONS: Add 1 level scoop to 5-6 ounces of water, milk, or juice. Stir, shake, or blend for 20 seconds, or until completely dispersed, then drink immediately.

F) Mode d'emploi : ajouter une cuillerée à ras à 150 - 200 ml d'eau, de jus ou de lait. Tourner pendant 20 secondes ou jusqu'à ce que le produit soit complètement dispersé. La protéine de lactosérum Dymatize Elite assure un rapport parfait d'acides aminés essentiels et non essentiels sous leur forme la plus facilement assimilée. La douce saveur de vanille n'est pas écorçante et peut être mélangée dans pratiquement n'importe quel liquide pour produire une délicieuse boisson frappée à haute teneur en protéines.

S) Instrucciones: Añadir un cucharón a ras a 5-6 onzas de agua, jugo, o leche. Revolver, agitar, o mezclar durante 20 segundos, o hasta que se haya dispersado completamente; después beber inmediatamente. Proteína de Suero Elite Dymatize provee la proporción perfecta de aminoácidos esenciales y no esenciales en la forma de asimilación más fácil. El sabor increíble de vainilla dulce no es dominante y puede mezclarse con cualquier cosa para producir un batido de alta proteína delicioso.

NL) Het voedingsupplement ELITE is een instant eiwitconcentraat dat uit 100% wei-eiwit bestaat. Een evenwichtige voeding bevat voldoende eiwitten. Koel en droog bewaren. Na opening goed sluiten. Tenminste houdbaar tot: zie pot. Buiten bereik van kinderen houden. Geproduceerd in de USA. Importeur: Dymatize - Sprundel - Nederland. Dosering: Als aanvulling op uw dagelijkse voeding neem je 1 tot 4 doseringen (32.4g). Meng 32.4 gram met 150-200ml water of magere melk. Dymatize Elite Whey Protein is een uitgebalanceerde eiwitformule met een optimaal aminozuur patroon en een hoge concentratie BCAA's. Elite Whey Protein zorgt voor een sneller herstel en een optimale spieropbouw. De lage glycemische index minimaliseert de kans op een stijging van de bloedsuikerspiegel, terwijl de natuurlijke productie van insuline en glucagon wordt gestimuleert.

D) Dosierung: Mixen sie 32.4g mit 150-200ml Wasser oder fettarme Milch. 1 bis 4 mal am Tag. Dymatize Elite Whey Protein ist aus speziellem Molkenmilch hergestellt und enthält in extrem hohen Mengen BCAA's. Mit diesem Spitzenprotein maximieren Sie Ihren Aminosäuregehalt im Körper, fördern einen regelmäßigen anabolen Zustand und verhindern den Katabolismus für maximale fettfreie Muskelmasse.

I) Modalità d'uso: aggiungere un misurino (32.4g.) in 150-200 ml. di acqua o latte totalmente scremato. Agitare o mescolare per circa 20 secondi sino a quando il prodotto si è ben sciolto, poi berlo immediatamente. La Elite Whey Protein assicura un perfetto bilanciamento di aminoacidi essenziali e non-essenziali nella loro formula più facilmente assimilabile. Elite Whey prodotto per la UE non contiene enzimi digestivi.

TYPICAL AMINO ACID PROFILE PER 100 GRAMS OF PROTEIN

Essential Amino Acids

Isoleucine (BCAA)	6.017 mg
Leucine (BCAA)	10.127 mg
Lysine	9.999 mg
Methionine	2.102 mg
Phenylalanine	3.350 mg
Threonine	6.196 mg
Tryptophan*	1.615 mg
Valine (BCAA)	6.773 mg

Non-Essential Amino Acids

Alanine	4.736 mg
Arginine	2.506 mg
Aspartic Acid	9.935 mg
Cysteine	2.465 mg
Glutamic Acid	17.295 mg
Glycine	1.714 mg
Histidine	1.797 mg
Proline	6.358 mg
Serine	5.014 mg
Tyrosine	3.344 mg

* Naturally occurring. Not added or manufactured.



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BUILDING BETTER BODIES[®]
DYMATIZE.COM

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 1 Scoop (~32.4g) Servings per container: 70

Amount Per Serving			
Calories	125	Calories from Fat	15
%DV*		%DV*	
Total Fat	1.5 g	2%	Total Carbohydrate 6 g 2%
Saturated Fat	0.5 g	4%	Dietary Fiber <1 g 2%
Trans Fat	0 g		Sugars 0 g
Cholesterol	20 mg	6%	Protein 21 g
Sodium	75 mg	3%	

Vitamin A 0% • Vitamin C 2% • Calcium 25% • Iron 2%

* Percent Daily Values (%DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Whey Protein Matrix (Whey Protein Concentrate, Whey Protein Isolate, Whey Peptides), Milk Protein Matrix (Milk Protein, Containing Micellar Caseins & Caseinates, Calcium Caseinates), Cocoa Peas, Natural and Artificial Flavors, Soybean Oil, Guar Gum, Potassium Chloride, Acesulfame-Potassium, Sucralose. Contains Wheat, Milk and Soy.

F) Ingrédients: Protéine Matrix (Concentré Protéique de Petit lait, Isolât De Protéine de Petit lait, Peptides de Petit lait), Grille des protéines du lait (protéines de lait, contenant Micellar Caseins et caseinates, Caseinates de calcium), Mousseaux de Bio cut, naturels et artificiels Flavors, Huile de soja, gomme de guar, chlorure de potassium, Acesulfame-potassium, sucralose. Contient du blé, du lait et de soja.

S) Ingredientes: Matriz de proteína de suero (concentrado de proteínas de suero de leche, proteína de suero Alálar, Péptidos de suero), Matriz de proteínas de la leche (leche de proteínas, un contenido Micellar Caseins y caseinates, caseinates de calcio), pedacitos de la gallina, natural y sabores artificiales, Aceite de soja, goma guar, cloruro de potasio, Acesulfame de potasio, la sucralosa. Contiene trigo, leche y soja.

NL) Ingrediënten: Wei-eiwit matrix (wei-eiwit concentraat, wei-eiwit isolaat, wei-peptiden), Melk Eiwit Matrix (melkeiwitten, met Micellar Caseins & caseinaten, Calcium caseinaten), De Stukken van het koekje, natuurlijke en kunstmatige Flavors, sojaolie, Guar gum, kaliumchloride, Kalium-acesulfam, Sucralose. Bevat Tarwe, melk en Soja.

D) Zutaten: Whey Protein Matrix (Whey Protein Concentrate, Whey Protein Isolat, Molke Peptid), Milk Protein Matrix (Milk Protein, mit Micellar Caseins & Caseinat Calcium Caseinate), plätzchen-stücke, natürliche und künstliche Aromen, Sojaöl, Guar gummi, Kaliumchlorid, Acesulfam-Kalium, Sucralose. Enthält Weizen, Milch und Soja.

I) Ingredienti: Matrix proteina del siero di latte (un concentrato di proteine di siero di latte, isolato di proteine di siero di latte, siero di latte peptidi), Matrice di proteine del latte (proteine del latte, contenenti Micellar Caseins & caseinati, calcio caseinati), parti del biscotto, naturali e artificiali sapori, Olio di soja, gomma di guar, cloruro di potassio, Acesulfame potassio, sucralosio. Contiene grano, latte e soja.

NO ADDED Sucrose, Fat, Fillers, Maltodextrin, or Aspartame

Valeur nutritive pour dose (32.4g/100g) / Información nutricional por ración (32.4g/100g) /
Voedingwaard per dosering (32.4g/100g) / Nährwertinformation pro dosierung (32.4g/100g) /
Valori Nutrizionali per dose (32.4g/100g)

	32.4g	100g
Valeur énergétique/Caloria/Calorie (in Brennwert)/Calorie	523kJ/125kcal	1632kJ/390kcal
Protéines/Proteínas/Eiweiß/Proteine	21 gram	65 gram
Glucides/Carbohidratos/Hydrate/Hydrate/Carboidrati	6 gram	19 gram
Matières Grasses/Grease/Vetten/Fett/Greasi	1.5 gram	5 gram

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