

CODE 0260 V4



Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Taurine is a conditionally essential amino acid which is not utilized

for protein synthesis, but is mainly found free in most tissues, especially throughout the nervous system. It functions in tissues by stabilizing cell membranes, aiding the transport of potassium, sodium, calcium and magnesium in and out of cells. Taurine helps to generate and regulate nerve impulses and aids in the maintenance of fluid balance; it is also used by the body in visual pathways, as well as in the brain and nervous system, where it works together with glycine and GABA as a neurotransmitter.*

SUGGESTED USAGE: As a dietary supplement, take 1/4 level teaspoon 1 to 2 times daily with juice or water, preferably between meals.



Taurine

NERVOUS SYSTEM HEALTH

Pure Powder

- Healthy Visual Function*

Net Wt. 8 oz. (227 g)

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1/4 Level Teaspoon (1 g)
Servings Per Container 227

Amount Per Serving	
Taurine (Free-Form)	1 g (1,000 mg)*

* Daily Value not established.

Other ingredients: None.

Distributed by NOW FOODS

395 S. Glen Ellyn Rd., Bloomington, IL 60108, USA

For more product information visit www.nowfoods.com/0260

Product of China. Packaged in the USA.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Caution: Do Not Eat Freshness Packet Enclosed.

Store in a cool, dry place after opening. Please Recycle.