

ADD TO YOUR FAVORITE SHAKE!

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GNC | TOTAL LEAN™

NEW

CODE 364305

LOG

DIRECTIONS: As a dietary supplement, mix one scoop (9.42 g) into 8 fl oz or more of your favorite meal replacement, protein shake, smoothie or pre-workout powder and enjoy twice daily. Control & Reduce is unflavored, and will not alter the flavor of your favorite drinks & shakes! For optimal pre-meal appetite control benefits, take both servings (2 Scoops) 60-90 minutes before your largest meal of the day.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CONTROL & REDUCE

NON-STIMULANT, HIGH-FIBER SUPER POWDER

DIETARY SUPPLEMENT

Control calorie intake & fuel fat metabolism with clinically studied ingredients*

Unflavored

Natural & Artificial Flavors



NET WT 7.97 OZ (226.08 g)



DESIGNED TO BE MIXED WITH:

- SMOOTHIES •
- MEAL REPLACEMENTS •
- PRE-WORKOUT POWDERS •

Supplement Facts

Serving Size One Scoop (9.42 g)

Servings Per Container 24

Amount Per Serving		% Daily Value
Calories	10	
Total Carbohydrates	8 g	3%†
Dietary Fiber	6 g	24%†
Soluble Fiber	6 g	
Sodium	5 mg	0%
Potassium (as Potassium Chloride)	70 mg	2%
L-Carnitine L-Tartrate	1 g	*
Garcinia Cambogia Fruit Extract (50% Hydroxycitric Acid = 250 mg)	500 mg	*
Green Coffee Extract (45% Chlorogenic Acids = 90 mg)	200 mg	*
Decaffeinated Green Tea Extract (45% EGCG = 45 mg)	100 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Polydextrose, Natural & Artificial Flavors, Calcium Silicate, Sucralose.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Significant product settling can occur.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
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Pittsburgh, PA 15222



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