

Recommended Use:

Take 4 capsules approximately 1 hour before bedtime with at least 12-16 ounces of water.

Warning: Somabien should not be taken with alcohol. Do not drive or operate heavy machinery after taking Somabien. Do not take while pregnant or nursing. Keep out of reach of children. Discontinue use two weeks prior to surgery.

Do not use if seal is broken or missing. Store in a cool, dry place with lid tightly closed.

Distributed by: NUTRIPHARM

Orem, UT 84057 USA

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Made in USA



Reorder at www.somabien.com



Dietary Supplement
120 Capsules

Natural Sleep Research

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

Amount Per Serving		% DV
Vitamin B6 (as Pyridoxine)	20mg	1000%
Magnesium (as Magnesium Aspartate)	450mg	113%
Zinc (as Zinc AAC)	30mg	200%
Valerian Root	600mg	*
Phenibut	400mg	*
Mucuna Pruriens	400mg	*
L-Theanine	100mg	*
Inositol	100mg	*
Rhodiola Rosea (5% Rosavins)	75mg	*
Hops	50mg	*
Red Wine (30% Polyphenols)	50mg	*
Lemon Balm	50mg	*
5-HTP	50mg	*
Melatonin	1mg	*

* Daily Value not established

Other Ingredients: Gelatin, Silicon Dioxide

The statements made hereon have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.