

Rooibos (ROY-boss):

The Be Well Base

Red and aromatic, the South African herb rooibos is celebrated for its super antioxidant powers. As the base for our line of caffeine-free Be Well Red Teas, it's a natural friend to the immune system and contributes to a healthier life. In all Be Well Red Teas, organic rooibos mingles with other beneficial, flavorful herbs. Each blend is meticulously formulated for specific needs. We invite you to consider them all, and get what you need.

BREWING HOT OR ICED TEA IS EASY

Heat fresh, filtered water to boiling. Place one tea bag in your cup, pour in the hot water and infuse for five to seven minutes.

Remove the tea bag and enjoy Sip by Sip. For iced tea, double the amount of tea used. Cool and serve over ice.

For a free catalogue of our teas, herbal blends, books, and nature-inspired teaware, call: 1-800-298-4TEA or write: The Minister of Supply, P.O. Box 1589, Novato, CA 94948 or Website: www.REPUBLICofTEA.com

get lost®

HERB TEA FOR WEIGHT CONTROL No.6

Can a fabulous, specially blended herbal tea make you thin? If only. But it can certainly help. Losing weight is all about moderation, expending energy, curbing sugar cravings, and being well. That's why, if you're thinking thin, this caffeine-free blend is for you. Based on health-promoting, organic rooibos, it includes tropical banaba leaf, cinnamon and carob which satisfy the appetite, providing craving control. Carob and gymnema leaves help to tame your sweet tooth and the urge to indulge. So, before you reach for something naughty, pour a cup of something nice. It tastes great, so why not exercise your good sense and give it a try?

The REPUBLIC of TEA®

BE WELL RED® TEAS

Herbal Supplement · 36 Tea Bags · Net Wt 1.65 oz (46.8g)

Tasting Notes:

THIS WARM AND TOASTY HERBAL BLEND HAS THE ZING OF ORANGE AND THE WARMTH OF CINNAMON. CAROB MAKES THIS CUP EVER SO SWEET AND SATISFYING.

DRINK 3 CUPS DAILY EITHER BEFORE OR AFTER A MEAL.

Supplement Facts

Serving Size 1 Tea Bag (1.3 g)
Servings per Container 36

Amount per Serving	% Daily Value
Proprietary Blend	525 mg **
Organic Rooibos (leaf); Orange (peel)	
Carob (pod)	300 mg **
Cinnamon (bark)	275 mg **
Gymnema (leaf)	140 mg **
Banaba (leaf) Extract	20 mg **

****Daily Value has not been established.**

Other Ingredients: Natural Orange Flavor, Natural Cinnamon Flavor

Pregnancy and lactation: Do not use during pregnancy or lactation without the advice of a practitioner trained in medical herbalism.



Save this recyclable, airtight container to store refills and many household items.

