

**Rooibos (ROY-boss):
The Be Well Base**

Red and aromatic, the South African herb rooibos is celebrated for its super antioxidant powers. As the base for our line of caffeine-free Be Well Red Teas, it's a natural friend to the immune system and contributes to a healthier life. In all Be Well Red Teas, organic rooibos mingles with other beneficial, flavorful herbs. Each blend is meticulously formulated for specific needs. We invite you to consider them all, and get what you need.

BREWING HOT OR ICED TEA IS EASY

Heat fresh, filtered water to boiling. Place one tea bag in your cup, pour in the hot water and infuse for five to seven minutes.

Remove the tea bag and enjoy Sip by Sip. For iced tea, double the amount of tea used. Cool and serve over ice.

For a free catalogue of our teas, herbal blends, books, and nature-inspired teaware, call: 1-800-298-4TEA or write: The Minister of Supply, P.O. Box 1589, Novato, CA 94948 or Website: www.REPUBLICofTEA.com

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

get clean®

HERB TEA FOR DETOXING No.7

Had too much of a good thing? Feeling out of balance, a bit heavy or puffy? Then it's time to get clean. This gentle herbal blend helps the body help itself as it stimulates the liver,* one of our natural cleansing mechanisms. Based on organic rooibos, it includes milk thistle seeds to sweep toxins away. Both dandelion and burdock roots help wake up the liver and get things flowing. Their cleansing properties encourage healthy digestion and help to keep the kidneys flushed. We've also added red clover and Indian sarsaparilla, both known as effective tonics and purifiers. Finally, a good thing you should indulge in.

The REPUBLIC of TEA®

BE WELL RED® TEAS

Herbal Supplement • 36 Tea Bags • Net Wt 1.65 oz (46.8g)

Tasting Notes:

THE FULL BODIED, SLIGHTLY EARTHY CHARACTER OF ORGANIC ROOIBOS MEETS NOTES OF VANILLA AND ALMONDS WITH THE MEREST HINT OF CHICORY IN THIS SUBTLY SWEET, CAFFEINE-FREE BLEND. IT'S EQUALLY PLEASING SERVED HOT OR ON ICE.

DRINK 1-2 CUPS ON A DAILY BASIS.

Supplement Facts

Serving Size 1 Tea Bag (1.3 g)
Servings per Container 36

Amount per Serving	% Daily Value
Proprietary Blend	1.3 g (1,250 mg) **
Organic Rooibos (leaf); Milk Thistle (seed); Indian Sarsaparilla (root); Dandelion (root); Chicory (root); Burdock (root); Red Clover (herb)	

****Daily Value has not been established.**

Other Ingredients: Natural Vanilla Flavor, Natural Almond Flavor

Pregnancy and lactation: Do not use during pregnancy or lactation without the advice of a practitioner trained in medical herbalism.



Save this recyclable, airtight container to store refills and many household items.

