

Do not accept if seal is broken. Product No. 6295
Store between 59°-86° F. Keep out of the reach of children.



American Vegetarian Association

Certified



Gluten-Free



Country Life

101 Corporate Drive, Hauppauge, NY 11788

www.countrylifevitamins.com

Lot No:

10L854A

12/13

Best by:



B VITAMINS

Sublingual

VITAMIN B-12

500 mcg

With Folic Acid - Natural Cherry Flavor

100 Lozenges

Dietary Supplement



Country Life®

Directions: Adults take one (1) lozenge daily. Place tablet under tongue 30 seconds before swallowing. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 lozenge

Amount Per Serving	% Daily Value	
Folic Acid	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	500 mcg	8,333%

Other Ingredients: Sorbitol, cherry crystals, stearic acid, cellulose, silica, magnesium stearate.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, wheat, soy, gluten, milk, salt, preservatives or artificial color.