

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

ACTUAL SIZE

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FPO

GNC

Triple LecithinTM

with Chromium Picolinate

Provides dietary support for a healthy
cardiovascular system*

An excellent source of choline

DIETARY SUPPLEMENT
100 SOFTGELS

CODE 106512

BOG

Lecithin may help the body emulsify fat. Chromium is involved in normal glucose utilization. Phosphatidyl Choline provides dietary support for a healthy liver.*

Directions: As a dietary supplement, take one or two softgel capsules daily. For maximum support, take as directed every day.

Supplement Facts

Serving Size One Softgel Capsule

Amount Per Serving	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Chromium (as Chromium Picolinate)	100 mcg	83%
High Choline Soy Lecithin (supplying Phosphatidyl Choline 420 mg)	1200 mg	*

† Percent Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Caramel Color, Titanium Dioxide (Natural Mineral Whitener).

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Sugar, No Artificial Colors, No Artificial Flavors,
No Preservatives, Sodium Free, No Wheat, No Gluten, No Corn,
No Dairy, Yeast Free.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: