

DIETARY
FASTEST!



Fast-Absorbing

Liquid Magnesium 300 mg liqujmins™

Tangerine

Certified Vegan • Gluten Free

16 FL OZ (473 mL) • DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 tablespoon
Servings Per Container 32

Amount Per Serving		% DV
Calories	15	
Total Carbohydrate	3 g	1%*
Sugars	3 g	
Magnesium (from Citrate, Concentrace™)	300 mg	75%
Chloride (from Concentrace™)	35 mg	1%
Concentrace™ (Ionic Trace Minerals)	100 mg	**
Sulfate (from Concentrace™)	2 mg	**
Boron (from Concentrace™)	200 mcg	**

*Percent Daily Value (DV) is based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Purified water, xylitol, natural tangerine flavor, citric acid, stevia leaf, xanthan gum, potassium sorbate.

Allergen Info: contains no known allergens.
GLUTEN FREE.

ConcenTrace™ is a trade name for concentrated sea minerals from the Great Salt Lake.

Also contains over 72 naturally occurring ionic trace minerals as found in seawater.

Magnesium is the fourth most abundant mineral in the body and participates in over 300 biochemical reactions.† It also fuels digestive enzymes to help the body effectively process carbohydrates, proteins, and fats.† Magnesium also plays a key role in nerve conduction, muscle contraction, bone and tooth formation, and heart and circulatory health.† In addition, magnesium is essential in the production of ATP, the energy storage molecule in the body.† However, research has concluded that 68% of Americans don't consume the Recommended Daily Intake (RDI) of magnesium.

Liquid Magnesium is a great tasting dietary supplement containing a special blend of magnesium citrate and magnesium chloride from ConcenTrace™ to help you maintain healthy levels of magnesium in the body.†

Suggested Use: SHAKE WELL. Take 1 tbsp daily to top off or fully supplement your diet. Reduce serving to ½ tbsp if this is your first time taking **Liquid Magnesium**. Mix with water, your favorite beverage or take straight. Excess magnesium may cause a laxative effect.

REFRIGERATE AFTER OPENING.



American Vegetarian Association



This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Trace Minerals Research
P.O. Box 429 • Roy, Utah 84067
www.traceminerals.com
(801) 731-6051

Liq Magnesium 16 oz

LOT#BEST BY DATE



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