

Trace Minerals



RESEARCH

Low Sodium

Mega-Mag 400 mg

Natural ionic magnesium with trace minerals

liqui[®]mins™

Gluten Free • Certified Vegan

NET 4 FL. OZ. (118 mL) • DIETARY SUPPLEMENT

Supplement Facts

Serving size 0.8 tsp. (4 mL)

Servings per container 30

Amount Per Serving		%DV
Magnesium	400 mg	100%
Chloride	1120 mg	33%
Sodium	10 mg	<1%
Potassium	5 mg	<1%
Sulfate	90 mg	†
Boron	1.5 mg	†

† Daily Value (DV) not established.

Ingredients: A high magnesium, low sodium concentrate from Utah's inland sea, the Great Salt Lake. Contains no other added ingredients.

Allergen Info: contains no known allergens. **GLUTEN FREE.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MEGA-MAG 400



LOT#

2070

EXP. DATE

05/15



KOSHER

Mega-Mag liquid magnesium is a rich, natural source of concentrated magnesium ions with other minerals and trace elements that act as natural co-factors.

Magnesium is essential to over 400 different enzyme reactions and various other body functions.* Magnesium ions (charged magnesium atoms) play a key role in nerve conduction, muscle contraction, bone and tooth formation, protein metabolism and are particularly important to heart and circulatory health.* Research has shown many American diets to be deficient in magnesium.

Suggested Use: ¼ to 0.8 teaspoon (1 to 4 mL) daily with juice or food to mask the highly concentrated mineral flavor. To top off or fully supplement your diet with magnesium, we recommend starting with ¼ teaspoon and increasing as needed, ideally spread throughout the day. We also recommend taking Mega-Mag with a large glass of fluid. Excess magnesium may cause a laxative effect. Contains over 72 ionic trace minerals from seawater. ConcentTrace® is a trade name for concentrated sea minerals from the Great Salt Lake.

Feel the Difference
or Your Money Back!

Food and Drug Administration.
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cGMP



American Vegetarian Association



1-M3Y12

Trace Minerals Research
P.O. Box 429 • Roy, Utah 84067
www.traceminerals.com
(801) 731-8051

Made in the USA

