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SUGGESTED USAGE: Shake well before using. As a dietary supplement, take 1-5 tablespoons daily in divided doses. For best results, take prior to exercise.

D-Ribose is a simple sugar used by all living cells and is essential for cellular metabolism as a major component of the genetic material, RNA and DNA. Ribose is also a structural component of ATP, the primary energy source for exercising muscle. However, during intense muscular activity, the total amount of available ATP becomes depleted.

Ribose supplementation has been shown to support ATP regeneration following intense exercise; it may also help to support normal exercise tolerance. L-Carnitine is included because it facilitates the transfer of fatty acids into the mitochondria for cellular energy production. NOW® Liquid Ribose Cellular Energy therefore contains two compounds that help to provide the fuel that working muscle needs for optimal performance.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Made in the USA



Liquid Ribose Cellular Energy

- D-Ribose plus L-Carnitine
- Fuels ATP Energy Production
- Facilitates Fatty Acid Transport*



Net 16 fl. oz. (473 mL)
A Dietary Supplement Vegetarian/Vegan



Supplement Facts

Serving Size 1 Tablespoon (15 mL)
Servings Per Container about 32

	Amount Per Serving	% Daily Value
Calories	30	
Total Carbohydrate	7 g	2%*
Sugars	3 g	†
D-Ribose Powder (Bioenergy RIBOSE®)	3 g (3,000 mg)	†
L-Carnitine (Carnipure™) (Free-Form Base)	300 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: De-ionized Water, Vegetable Glycerin, Natural Vanilla Flavor, Citric Acid, Natural Orange Flavor and Potassium Sorbate (as preservative).

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108
For more information visit www.nowfoods.com/2136

Not manufactured with yeast, wheat, gluten, soy protein, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Bioenergy RIBOSE® is a registered trademark of Bioenergy Life Science, Inc. Use of ribose is licensed by Bioenergy Life Science, Inc. under U.S. Patents 6,159,942; 6,534,480; 6,218,366; 6,339,716, and other U.S. and foreign patents issued and pending.

Carnipure™ offers purest L-Carnitine and is a trademark of Lonza Ltd, Switzerland.

Store in a cool, dry place after opening. Please Recycle.