



Ribose Energy with Creatine

Pure Powder

- Maximizes ATP Production
- Supports Muscular Endurance*

Net Wt. 315 g (11.11 oz)

A Dietary Supplement
Vegetarian/Vegan



SUGGESTED USAGE: As a dietary supplement, mix 2 ½ level teaspoons in juice or water 2 to 3 times daily, preferably before and after exercise. **Do not exceed recommended dosage.** Consider taking these other NOW® products: Pyruvate and Carbo Gain.

D-Ribose is a five carbon sugar that acts as a source of cellular energy for the synthesis of ATP. Creatine is converted to creatine phosphate in the body, helping to fuel skeletal muscles and providing support for immediate energy production during high-intensity workouts. Creatine and Ribose have been shown to support healthy blood flow and mental acuity, while Creatine supports muscular endurance and strength especially during periods of intense exercise and training. Creatine is also beneficial in stimulating cells necessary for muscular growth during training while Ribose aids in the removal of free radicals from the body. Both D-Ribose and Creatine are naturally occurring substances in the body, that jointly aid in optimizing results.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition (especially kidney condition). Keep out of reach of children.

Supplement Facts

Serving Size 2 ½ Level Teaspoons (5.25 g)
Servings Per Container about 60

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	2.5 g	< 1%*
Sugars	2.5 g	†
D-Ribose Powder (Bioenergy RIBOSE®)	2.5 g (2,500 mg)	†
Creatine Monohydrate	2.5 g (2,500 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: None.

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
www.nowfoodsproducts.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Bioenergy RIBOSE® is a registered trademark of Bioenergy Life Science, Inc. Use of ribose is licensed by Bioenergy Life Science, Inc. under U.S. Patents 6,159,942; 6,534,480; 6,218,366; 6,339,716, and other U.S. and foreign patents issued and pending.

Caution: Do Not Eat Freshness Packet Enclosed.

Store in a cool, dry place after opening. Please Recycle.

This product is sold by weight not volume.



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