

SOFTGEL SIZE



Made in the USA

CODE 1772 V5

Caution: For adults only. Flax oil is generally well tolerated, but may be associated with mild temporary gastric disturbances. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This Non-GMO Flax Seed Oil has been specially pressed to be as close to the original oil in the seed as possible. Extreme care has been taken in bringing this product to the market in the softgel form, which hermetically seals the oil and protects it from oxidation and contamination.

This Non-GMO Flax Seed Oil has been specially pressed to be as close to the original oil in the seed as possible. Extreme care has been taken in bringing this product to the market in the softgel form, which hermetically seals the oil and protects it from oxidation and contamination.

Flax Oil is a natural reservoir for the omega-3 fatty acid, alpha-linolenic acid (ALA). ALA is considered an essential fatty acid, because the body cannot make it from other fats and must obtain it from the diet. Flax Oil has been shown to support cardiovascular health and to promote the maintenance of healthy skin.*

NOW® Flax Oil delivers the natural nutrient profile found in Genuine Whole Foods.

SUGGESTED USAGE: As a dietary supplement, take 3 softgels 2 to 3 times daily with food. Consider taking these other NOW® products: CoQ10 and Advanced Gamma E Complex.



Flax Oil

ESSENTIAL OMEGA-3'S

1000 mg

- Supports Cardiovascular System*
- Cold-Pressed & Unrefined

Made with
Organic
Flax Oil

250 Softgels
A Dietary Supplement



Supplement Facts

Serving Size 3 Softgels Servings Per Container 83

	Amount Per Serving	% Daily Value
Calories	25	
Calories from Fat	25	
Total Fat	3 g	5%*
Saturated Fat	< 0.5 g	2%*
Trans Fat	0 g	†
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	0.5 g	†
Cholesterol	0 mg	0%
Organic Flax Seed Oil (<i>Linum usitatissimum</i>)	3 g (3,000 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water, carob).

Formulated & Distributed by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/1772

Certified Organic by Quality Assurance International.

Not manufactured with yeast, wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. Store in a cool, dry place after opening. Please Recycle.

Each serving may also provide the following naturally occurring amounts of polyunsaturated fats and monounsaturated fats:

Linolenic Acid (Omega-3) 55%; Linoleic Acid (Omega-6) 14%; Oleic Acid (Omega-9) 19%; Other (Saturated) 12%