

# Life Zone®

IMPROVE YOUR HEALTH\* - LIVE THE DIFFERENCE®

## BASIC PLUS

A Chelated  
Multi-Mineral

Dietary Supplement  
with Vitamins



"Minerals You Can Trust"™

120 CAPSULES

\*This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size: 4 Capsules / Servings Per Container: 30

	Amount Per Serving	% Daily Value For Adults		Amount Per Serving	% Daily Value For Adults
Vitamin A (as retinyl palmitate and 50% beta carotene (d-salina))	5,000 IU	100%	Phosphorus (as di-calcium and tri-calcium phosphate)	216 mg.	22%
Vitamin C (ascorbic acid)	60 mg.	100%	Iodine (as potassium iodide)	85 mcg.	56%
Calcium (as buffered amino acid chelate)	500 mg.	50%	Magnesium (as buffered amino acid chelate)	150 mg.	38%
Iron (as amino acid chelate)	18 mg.	100%	Zinc (as amino acid chelate)	15 mg.	100%
Vitamin D (cholecalciferol)	400 IU	100%	Selenium (as amino acid complex)	70 mcg.	100%
Vitamin E (d-alpha tocopherol succinate)	30 IU	100%	Copper (as amino acid chelate)	3 mg.	150%
Thiamin (Vitamin B1)	3 mg.	200%	Manganese (as amino acid chelate)	6.4 mg.	320%
Riboflavin (Vitamin B2)	3.4 mg.	200%	Chromium (as amino acid chelate)	120 mcg.	100%
Niacin	40 mg.	200%	Molybdenum (as amino acid complex)	75 mcg.	100%
Vitamin B6 (as pyridoxine HCl)	4 mg.	200%	Potassium (as amino acid complex)	99 mg.	3%
Folic Acid	400 mcg.	100%	Vanadium (as amino acid chelate)	10 mcg.	^
Vitamin B12 (cyanocobalamin)	12 mcg.	200%	Boron (as amino acid complex)	3 mg.	^
Biotin	300 mcg.	100%	Choline (as bitartrate)	30 mg.	^
Pantothenic Acid (calcium d-pantothenate)	10 mg.	100%			

^ Daily Value Not Established

Other Ingredients: Gelatin, magnesium stearate, stearic acid, maltodextrin and microcrystalline cellulose.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately.

**KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.**

Manufactured For: LIFE ZONE®, Inc. 15 South Country Lane Fruit Heights, UT 84037 USA | Toll Free 1-877-563-5433 | www.lifezone.com

Typical Use: Take up to four capsules daily - or as directed by a health professional.

Mineral amino acid chelates and complexes manufactured by Albion Laboratories, Inc.  
Chelate covered by Albion Laboratories, Inc. U.S. Patent 5,614,553 and 5,516,925 and patents pending.  
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