

"The quality, therapeutic concentration, and affordability of a nutritional product can, and often does, mean the difference between lethargy and energy, sickness and health, and, quite literally, life and death. I don't want anyone to be tired, sick, or dead because they could not obtain or afford the best possible product. Loyalties can be divided. I want to make it clear where mine lies. My loyalty is to those who want to thrive, and those whose life situation requires them to thrive. My loyalty is to the end user. My loyalty is to you. In my life now, and one day when I look back upon my life, that will have value to me incomparable to any amount of money, investors, or fame."

Dr. Jameth Sheridan - Doctor of Holistic Medicine, Naturopath, and Herbal Medicine Researcher

Green foods are perhaps the most healing foods on the planet, and the single most important addition to a diet you can make. They are foundational. For over 28 years, I have deeply and passionately immersed myself full time into providing the best possible foundation. My deepest passion is for the Earth and all of its inhabitants to be healed on a core level. Mother Nature gave us the substances we need for healing. It is my life path duty and my great honor to assemble them for you. Compromise is not an option. **Hype is Nothing. Substance is Everything!** Vitamineral Green™ is the best possible green food that I can offer. Every ingredient, including how it is grown and processed, is therapeutic. It is an extremely potent and comprehensive array of nature's most nutritive and cleansing superfoods, grown and

processed to maximize their benefits. Contains a full spectrum of naturally occurring, absorbable and non-toxic vitamins, minerals, all the essential amino acids (protein), antioxidants, chlorophyll, soluble and insoluble fibers, tens of thousands of phytonutrients, and a plethora of other synergistically bound, organic nutrients. Contains no synthetic or isolated nutrients (not excreted as expensive yellow urine or stored as toxic deposits). Vitamineral Green™ is Actual Food™.

EcoFresh Nutrient Lock™ Our dark glass with unique metal lid and oxygen absorber protects 100% of nutrients (creates a vacuum). Glass is recycled/reusable, does not outgas, and is non-toxic to melt down. Plastic bottles and metal foil pouches (worst and not recyclable) dramatically degrade nutrient levels. Plastic outgasses and is highly toxic to melt down.

100% TruGanic™ Since the USDA now owns Organic, pesticides and other poisons are allowed on and in Organic products under many circumstances! Pure foods like probiotics, enzymes, zeolite, charcoal, bentonite, wildcrafted herbs, and many superfoods are NOT considered organic, even if grown organically and 100% verified free of pesticides, GMO, and irradiation. TruGanic™, on the other hand, is NOT for sale to anyone at any price! It is a purist, hard-core, quality standard significantly beyond Organic standards, with much more stringent criteria and actual verification via testing that Organic does not have.

HEALTHFORCE SUPERFOODS

VITAMINERAL GREEN™



VERSION 5.2

- 100% Vegan
- 100% Raw (20+ years)
- 100% Gluten Free
- 100% Yeast Free
- 100% Actual Food™
- 100% Superfoods
- 100% TruGanic™
- 100% Green Focused: NOT Diluted with Grains, Beans, Maca, Seeds/Chia/Flax, Fibers, Fruits, Fillers

• Exclusive EcoFresh Nutrient Lock™ Packaging

Actually Preserves Probiotics, Nutrients, and Phytonutrients (through expiration date)

No "at time of manufacture" deception

FOUNDATIONAL, FULL SPECTRUM, HARD-CORE, ALKALINE, THERAPEUTIC, WHOLE FOOD, BIO-NUTRITIVE SUPERFOOD COMPLEX FOR THE ENTIRE BODY

- DETOXIFYING* • ENHANCES REGULARITY* • ENERGIZING • DEEPLY NUTRITIVE
- SUPPORTS: - LIVER - KIDNEYS - PANCREAS - BLOOD - BONES - MUSCLES - BRAIN - COLON - IMMUNE*
- 100% NATURALLY OCCURRING WHOLE FOOD NUTRIENTS

VITAL HEALING FOOD™

300 Grams - 10.6 Ounces

Nutrition Facts

Serving Size: 10 grams (approx. 1.5 level tablespoons) Servings: 30
Amount Per Serving % Daily Value

Total Calories	34	
Total Fat	0.3 g	0.47%
Total Carbohydrate	4.07 g	1.36%
Dietary Fiber	2.50 g	10%
Sugars	0.62 g	↑
Protein	3.63 g	7.26%
Sodium	55 mg	2.3%

FROM THE LAND™: 5,166 mc ↑

• NETTLE LEAF*∞	• HORSETAIL/SHAMPOSS*∞	• HOLY BASIL/TULSI*∞
• CAROB POD*∞	• GINGER ROOT*∞	• MORINGA LEAF*∞
• JUICES:	• BARLEY GRASS*∞	• YACON LEAF*∞
• ALFALFA GRASS*∞	• PARSLEY LEAF*∞	• AMLA BERRY*
• DANDELION LEAF*∞	• WHEAT GRASS*∞	• SHILAJIT*∞
• BARLEY GRASS*∞	• AMERICAN BASIL*∞	
• OAT GRASS*∞	• CHICKWEED*∞	

FROM THE WATER™: 3,754 mc ↑

• SPIRULINA*∞ • CHLORELLA*∞

FROM THE OCEAN™: 0*∞ 980 mc ↑

• KELP • LAVAR • DULSE • BLADDERWRACK • ALARIA • NORI

VMG™ ENZYME CONCENTRATE:∞ 85 mc ↑

• PROTEASE • AMYLASE • LIPASE • CELLULASE • BROMELAIN

• PAPAIN • ALPHA-GALACTOSIDASE

VMG™ FRIENDLY FORCE™ PROBIOTICS:∞ 15 mc ↑

Acid stable, shelf stable, colonizing (NOT transient), truly Vegan and incredibly magnified by the VMG™ formula.

• LACTOBACILLUS PLANTARUM • L. PARACASEI • L. RHAMNOSUS

• L. SALIVARIUS • L. BULGARICUS • STREPTOCOCCUS THERMOPHILUS

5,000,000,000/SERVING THROUGH EXPIRATION DATE!

PERCENT DAILY VALUES ARE BASED ON A 2,000 CALORIE DIET.

↑ DAILY VALUE NOT ESTABLISHED

ORGANIC *WILDCRAFTED ∞ TRUGANIC™



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

How to take VMG™: Start with 1 teaspoon per day and increase gradually over two weeks to suggested usage of 1 to preferably 2 (or more) heaping tablespoons per day, either all at once or divided. 3 teaspoons per day = approximately 50 day supply. Do not take so much that you find it unpalatable, as you will end up taking and benefiting less! Mix into purified water. Drink consciously and with positive intent. Can also mix with fresh vegetable juices, fresh fruit juices (alone or blended with whole fruits and/or a banana into a smoothie). Mixing with carrot juice may produce gas. Add 1/2 tablespoon of freshly ground flax and/or chia seeds for extra nutrition. Can also be sprinkled on or mixed with foods. Vitamineral Green™ contains an extremely potent and comprehensive array of nature's most nutritive and cleansing superfoods, specifically grown and processed to maximize their benefits. If you experience temporary beneficial cleansing reactions that you find undesirable (such as loose bowels), reduce amount used to 1 teaspoon or less, and then increase over several days or weeks to 2 (or more) heaping tablespoons. Refrigeration is not required. **Intensive Use:** 6 or more heaping tablespoons per day. Vitamineral Green™ is food. It is not a supplement. It is a bio-compatible nutritional superfood™. It is non-toxic and can be taken in any quantity. Add Vitamineral Earth™ (Sacred Healing Food™) for even greater benefits.

LABEL MADE WITH 100% POST-CONSUMER RECYCLED PAPER AND PRODUCED WITH WIND ENERGY.

ENERGENESIS™ ENERGETIC
ENHANCEMENTS: • MAGNETIC •
HOMEOPATHIC • VIBRATIONAL+



HEALTHFORCE NUTRITIONALS (800) 357-2717 TUCSON, AZ
WHEN NUTRITION REALLY MATTERS™