## Supplement Facts

Serving Size: 6 Vegan Caps \*\*

Servings: 30

## Amount Per Serving

Nopal Cactus (Whole Leaf)0∞ .........3000 mg t

(Authentic Opuntia streptocantha species)

† Daily Value not established. Other Ingredients: None VeganCaps<sup>TM</sup> - Non-GMO Tapiocass

Organic -TruGanic™

BACKGROUND INFORMATION: Nopal Cactus has been used for thousands of years by Mexican natives, both as a food and for enhanced health and vitality. HealthForce Nutritionals Nopal is the authentic Opuntion streptacantha species (which is the only species that has shown such significant benefits). This organic cactus is dried at low temperatures to preserve enzymes and heat sensitive elements. Our Nopal Cactus is highly nutritious, and contains a unique phytonutrient, vitamin, and mineral profile that contributes to its beneficial effects. This profile includes support for the immune system and a moderated balance of blood sugar.\* It is also high in bulk forming mucilaginous fiber that assists most foods, herbs, and supplements taken with it to be gently and naturally timed released into the blood stream. This includes the timed release of sugars into the blood

stream to support healthy blood sugar and insulin functions.\* Will also timed release other foods/herbs into the blood stream, including unhealthful foods. Timed releasing less than optimally healthful foods into the blood stream will allow the body to deal with the resultant toxicity with less difficulty.

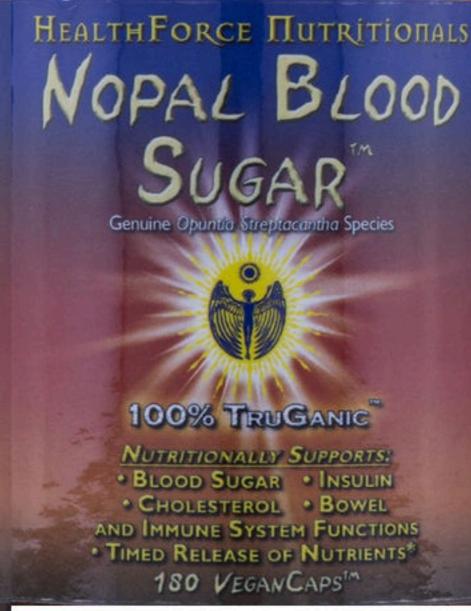
Suggested Usage: 3-6 VeganCaps™ upon arising and 3-6 VeganCaps™ per meal/snack. VeganCaps™ can be opened and mixed into sweet drinks/smoothies for maximum effects (Nopal powder is bitter; do not mix in so many caps that your drink/smoothie becomes unpalatable). Intensive Usage: 6 VeganCaps™ upon arising and 6 with each meal/snack.

SUGGESTED ADJUNCTS: VITAMINERAL EARTH WITH ACTUAL FOOD CHROMIUM"; CINNAMON; a whole food, organic, Vegan diet with emphasis on high water content raw foods; a high fiber diet (only whole plant foods have fiber); Vitamineral Green", a unique and extremely nutrient dense superfood complex for comprehensive nutritional support and cleansing); Liver Rescue"; exercise (try rebounding); fresh air (house plants clean the air).

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## CAUTION TO INSULIN USERS

DIABETICS: Due to Nopal's natural effect of assisting the moderation of blood sugar and insulin levels, check with your doctor as your dose may need to be monitored/adjusted.\*



HEALTH FORCE truly cares and is deeply committed to researching and developing the highest quality, most effective, best value, life enhancing, and non-toxic products for ultimate nutritional support, environmental responsibility and a cruelty-free world. - I TRULY WISH YOU GREAT HEALTH AND HAPPINESS ALWAYS. - Dr. Jamesh Sheridan (D.H.M)

## ECOFRESH NUTRIENT LOCKTH PACKAGING:

Recyclable amber glass with airtight rubberized metal lid and oxygen absorber actually preserves the effectiveness of the product.

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• Vibrational +

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TRUGANIC" IS A PURIST, HARD-CORE, QUALITY STANDARD SK-NEYCANTLY BEYOND ORGANIC.

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These statements have not been evaluated by the EDA. This product is not intended to diagnose, treat, cure, or prevent any disease.