

Do not accept if seal is broken.
Product No. 5531
Store between 59°-86° F.
Keep out of the reach of children.

Country Life

101 Corporate Drive Hauppauge, NY 11788

www.countrylifevitamins.com

Lot No:

10H605A

10/13

Best by:



VITAMIN A

DRY VITAMIN A

10,000 I.U.

Water dispersible

100 Tablets

Dietary Supplement

Certified



Gluten-Free

Country Life®

Directions: Adults take one (1) tablet daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value	
Vitamin A (as retinyl palmitate & 50% as beta carotene)	10,000 I.U.	200%

Other Ingredients: Cellulose, stearic acid, cellulose & glycerin coating, silica, magnesium stearate, vegetable glaze.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. Not intended for people under the age of 18. Not recommended for people who regularly consume liver. Do not exceed 10,000 I.U. of vitamin A per day. Pregnant women and women of childbearing age, do not exceed 8,000 I.U. of vitamin A per day. Purity tested for heavy metals such as mercury.

NO: Yeast, wheat, soy, gluten, milk, salt, sugar, or artificial color.



Certified



Gluten-Free



K