

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



SCAN &
LEARN MORE



*This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

GNC QUALITY COMMITMENT

For more than 78 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.

WOMEN'S IRON COMPLETE™

Iron is a vital nutrient that plays an essential role in forming healthy red blood cells and transporting oxygen.* An estimated 62% of women over age 20 may not be meeting the Recommended Daily Intake (RDI) for iron. GNC Iron Complete™ is a high potency formula that combines 30 mg of iron with iron-enhancing nutrients.

Iron
Vital in the formation of healthy red blood cells, iron also supports energy utilization and muscle function.*

B Vitamins
Infused with folic acid and vitamin B-12, both required for proper red blood cell formation.*

Iron-Enhancing Ingredients
Includes iron-enhancing nutrients like vitamin C and copper, which significantly improve the iron absorption process.*

Enteric Coated
†GNC Iron Complete™ is enteric coated to be gentler on the stomach, which allows caplets to break down in the small intestine and helps reduce stomach upset.

To ensure a more complete nutritional program, be sure to include one of GNC's premium Women's Ultra Mega® multivitamin formulas in your daily regimen.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

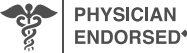


WOMEN'S
Iron Complete™

Dietary Supplement

HIGH POTENCY FORMULA

- 30 mg of blood-building iron*
- With added B vitamins essential for blood cell formation*
- Enhances iron absorption with key nutrients vitamin C and copper*
- Enteric coated to be gentle on the stomach†



60 CAPLETS

CODE 164611 KOG
Directions: As a dietary supplement, take one caplet daily.

Supplement Facts		
Serving Size One Caplet		
Amount Per Serving	% Daily Value	
Vitamin C (as Ascorbic Acid)	50 mg	83%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Iron (as Ferrous Fumarate)	30 mg	167%
Copper (as Copper Gluconate)	2 mg	100%

Other Ingredients: Dicalcium Phosphate, Cellulose, Calcium Caseinate, Potassium Gluconate, Enteric Coating (Methacrylic Acid Copolymer, Propylene Glycol, Triethyl Citrate).

CONTAINS: Milk.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Conforms to USP <2091> for weight.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, No Gluten, No Corn, No Soy, Yeast Free.

To ensure a complete nutritional program, take daily with these GNC products:

- Women's Ultra Mega® Multivitamin
- Triple Strength Fish Oil

- Ultra Probiotic Complex
- Calcmate Complete™