

Do not accept if seal is broken.

Product No. 3554

Store between 59°-86° F.

Keep out of the reach of children.

Certified



Gluten-Free



Manufactured for: Country Life

101 Corporate Drive

Hauppauge, NY 11788

www.countrylifevitamins.com

Lot No:

10E022B

05/12

Best by:



SPECIALTY SUPPLEMENTS

COD LIVER OIL

A natural source of Vitamins A and D₃

250 Softgels

Dietary Supplement

Certified



Gluten-Free

Country Life®

Directions: Adults take four (4) softgels daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 4 softgels

Servings Per Container 62

Amount Per Serving	% Daily Value
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Calories 15	
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Calories from Fat 15	
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Total Fat 2 g	3%*
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Cholesterol 8 mg	3%*
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Vitamin A (from cod liver oil) 5,000 I.U.	100%
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Vitamin D (D ₃) (from cod liver oil) 540 I.U.	135%
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Cod Liver Oil 1,600 mg	**
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* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Gelatin, glycerin, purified water (capsule shell). Contains fish (cod).

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, corn, wheat, soy, gluten, milk, salt, sugar, starch, preservatives, or artificial color.