

SUGGESTED USE:

Consume 45 minutes prior to workout. To assess tolerance, mix a half-scoop of Pump Fuel® INSANITY with 8 oz. of cold water (adjust to desired taste) for the first 2 – 3 uses. If necessary increase dose to 1 full scoop. **For best results** take Pump Fuel® INSANITY on an empty stomach. To avoid sleeplessness do not take within 4 hours of bedtime. Limit use to no more than 1 serving (Full Scoop) in a 24-hour period. *To be used as part of a physical conditioning program.*

WARNING:

KEEP OUT OF REACH OF CHILDREN. For use by Healthy Individuals only. Not for use by those under the age of 18. Do not exceed recommended dose. Do not take if you are pregnant or nursing, or contemplating pregnancy. Do not take if you are currently taking nitrates for chest pain or if you are taking erectile dysfunction medication. Before consuming seek advice from a health care professional if you are unaware of your current health condition. Do not consume synephrine or caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Contains caffeine. Do not use for more than 8 weeks. Consult with your physician prior to use if you are taking medication, including but not limited to MAOI inhibitors, antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high or low blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Do not use if you are prone to dehydration or exposed to excessive heat. Do not use if you suffer from the rare genetic disorder, HyperBeta-Alaninemia. This product contains beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. Do not use if tamper resistant seal is broken. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

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For Product Questions: PMDSports.com



MORE ADVANCED | MORE EXPLOSIVE **MORE ADVANCED | MORE EXPLOSIVE** **MORE ADVANCED | MORE EXPLOSIVE**

PUMP FUEL

INSANITY

Support for

NITRIC OXIDE SURGE*
MAXIMUM POWER*
INSANE ENERGY/FOCUS*
GREATER ENDURANCE*
QUICKER RECOVERY*

DIETARY SUPPLEMENT

NET WT. 1.90 LBS. (840 G)

2g 1g 2.5g

OUTRAGEOUS ORANGE

Natural and Artificial Flavor

Supplement Facts

Serving Size 1 scoop (28 g)
Servings Per Container 30

	Amount Per Serving	%DV**
Calories	55	
Calories from fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	0%
Cholesterol	0 mg	0%
Total Carbohydrate	14 g	5%
Dietary Fiber	0 g	0%
Sugars	0 g	†
Protein	0 g	0%
Vitamin C (as ascorbic acid)	125 mg	208%
Vitamin E (as d-alpha tocopherol)	100 IU	333%
Calcium (as calcium phosphate)	80 mg	8%
Phosphorous (as calcium phosphate)	40 mg	4%
Magnesium	100 mg	25%
Chromium (as chromium picolinate)	50 mcg	42%
Sodium (as sodium chloride)	60 mg	3%
Potassium (as potassium citrate)	90 mg	3%

Other Ingredients: Citric Acid, Malic Acid, Silica, Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, FD&C Yellow 5 Lake, FD&C Yellow 6 Lake. **Contains soy.** **Free of:** yeast, lactose, preservatives, aspartame, gluten.

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EXPERIENCE THE ULTIMATE LEVEL OF INSANE HYPERTROPHIC AND ANABOLIC MADNESS! IT IS BEYOND COMPREHENSION HOW HARD PUMP FUEL® INSANITY HITS!

CAUTION: PUMP FUEL® INSANITY IS FOR EXTREME AND HIGH STIMULANT SUPPLEMENT USERS ONLY!

PUMP FUEL® INSANITY is a fierce pre-workout solution formulated with all the crucial muscle-building and legal performance-enhancing ingredients needed to fully maximize your anabolic results. This pre-workout is sync'd and geared for **FULL THROTTLE WORKOUT EXPLOSIVENESS!** PUMP FUEL® INSANITY includes all the same high quality ingredients found in PUMP FUEL®, but PUMP FUEL® INSANITY kicks things up a notch by including an insane energy blend. PUMP FUEL® INSANITY combines the high energy from a "concentrate" supplement with all the additional features of a fully loaded pre-workout, offering you the best of both worlds. PUMP FUEL® INSANITY is an unparalleled and unmatched pre-workout that will give you that extra edge to take your workouts to the next level.*

STACK EM' UP TO ACCELERATE YOUR RESULTS!

PUMP-CUTS STACK

Use PUMP FUEL® INSANITY with OMEGA CUTS® to support a leaner more defined muscular physique.*

PUMP-NITRO STACK

Use PUMP FUEL® INSANITY with NITRO CM® to experience the ultimate sleeve-busting, skin-ripping muscle pump.*

PUMP-CORE STACK

Use PUMP FUEL® INSANITY before training to attack the gym. Stack with intra/post-workout CORE FUEL® to finish strong and support repair and recovery. CORE FUEL® offers you the ultimate ending to your workout.*

PUMP-TEST STACK

Use PUMP FUEL® INSANITY in conjunction with the FLEX STACK® to optimize your body's anabolic activity and support lean muscle growth.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.