

SUGGESTED USE: Take 1 scoop of PUMP FUEL® with 8 oz. of cold water (adjust to desired taste) 45 minutes before workout. For best results take PUMP FUEL® on an empty stomach. To avoid sleeplessness do not take within 4 hours of bedtime. Limit use to no more than 1 serving in a 24-hour period. *To be used as part of a physical conditioning program.*

WARNING: KEEP OUT OF REACH OF CHILDREN. Do not exceed recommended dose. Do not take if you are currently taking nitrates for chest pain or if you are taking erectile dysfunction medication. Do not take if you are pregnant or nursing, or contemplating becoming pregnant. This product is only intended to be consumed by healthy adults 18 years of age or older. Before using this product consult with your physician if you are using any prescription or over the counter medication or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Avoid additional caffeine, which may intensify adverse effects. Do not use if you are prone to dehydration or exposed to excessive heat. Do not use if you suffer from the rare genetic disorder, Hyper Beta-Alaninemia. This product contains Beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Do not consume if tamper evident seal is broken. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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PLEASE RECYCLE

ALL-IN-ONE PREMIUM PRE-WORKOUT



CAFFEINE FREE

PUMP FUEL

DIETARY SUPPLEMENT

Support for

NITRIC OXIDE SURGE*

MAXIMUM POWER*

INTENSE ENERGY/FOCUS*

GREATER ENDURANCE*

QUICKER RECOVERY*



NET WT. 1.90 LBS. (840 G)



KRE-ALKALYN®
+ PH-CORRECT CREATINE™
Creatine Magnesium Chelate
2g



CREATINE
MagnaPower®
1g



CarnoSyn®
Carnosine Synthesizer
2.5g

RASPBERRY LEMONADE
Natural and Artificial Flavor

Supplement Facts		
Serving Size	1 Scoop (28 g)	
Servings Per Container	30	
Amount Per Serving		%DV**
Calories	55	
Calories from fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	0%
Cholesterol	0 mg	0%
Total Carbohydrate	14 g	5%**
Dietary Fiber	0 g	0%
Sugars	0 g	
Protein	0 g	0%
Vitamin C (as ascorbic acid)	125 mg	208%
Vitamin E (as d-alpha tocopherol)	100 IU	333%
Magnesium (as magnesium creatine chelate and magnesium oxide)	100 mg	25%
Chromium (as chromium polynicotinate)	50 mcg	42%
Sodium (as sodium chloride)	60 mg	3%
Potassium (as potassium citrate)	90 mg	3%
Other Ingredients: Citric Acid, Natural and Artificial Flavors, Silica, Sucralose, Acesulfame Potassium, Malic Acid, FD&C Red 40 Dye		
Free of: Yeast, Lactose, Preservatives, Aspartame, Sugar, Gluten.		
Contains Soy.		
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** Percent Daily Values (DV) based on a 2,000 calorie diet † Daily Value (DV) not established		
PUMP FUEL® Blend 23,545 mg (23.5 g) †		
RAPID ATP™ Blend 3,000 mg (3.0 g) †		
Creatine (Kre-Alkalyn®) 2,000 mg		
Magnesium Creatine Chelate (Creatine MagnaPower®) 1,000 mg		
AGMA PUMP™ Blend 2,250 mg (2.3 g) †		
Arginine Complex: 2,000 mg		
L-Arginine, L-Arginine AKG, Arginine Pyroglutamate, Di-Arginine Di-Malate		
Agmatine Complex: 250 mg		
Agmatine Sulphate, L-Norvaline, L-Citrulline L-Malate		
BETA BURN™ Agent 2,500 mg (2.5 g) †		
Beta-Alanine (CarnoSyn®) 2,500 mg		
AMINO FOCUS™ Blend 979 mg (0.9 g) †		
Taurine, N-Acetyl-Tyrosine (100 mg), Tyrosine, Glutamine AKG, N-Acetyl Glutamine, Glutamine, Isoleucine, Leucine, Valine, Phosphatidyl Serine, Carnitine, Guanidino Propionic Acid, Vinpocetine, Cinnamon Bark Extract (Cinnamomum verum)(Bark)		
GLYCO LOAD™ Blend 14,816 mg (14.8 g) †		
Maltodextrin, Waxy Maize, Glycerol Powder (75% Load), Glycine Propionyl L-Carnitine HCl (GlycoCarn®), Acetyl L-Carnitine Arginate DIHCl (ArginoCarn®)		



ArginoCarn®



GLYCO-CARN®