

# 66g Protein - 25g Glutamine & BCAAs\*\*



# MASS-PEAK™

## #1 Rated Weight Gainer\*

## Weight Gain - Muscle Growth - Recovery\*

### Formulated For Pro, College and High School Athletes\*

### Formulated With Zero Banned Substances\*\*\*

Dietary Supplement

8.8 lbs (4 Kg) net wt

**Chocolate Peanut Butter**

Naturally and Artificially Flavored

**WHY YOU NEED MASS-PEAK™:** The higher your training (exercise) intensity, the faster you deplete your body of carbohydrates (glucose and glycogen), amino acids (the building blocks of protein), fat (triglycerides, consisting of fatty acids and glycerol), water and electrolytes (e.g. sodium, potassium). Your body's #1 and #2 nutritional priorities are, in order, replacing carbohydrates and amino acids. Failure to replace carbohydrates can cause your body to catabolize (break down) muscle tissue resulting in serious losses of muscle mass, strength, speed and power. The MASS-PEAK formula mixes up with water or milk to create a delicious shake that begins addressing your body's #1 and #2 priorities the instant you swallow it. Each serving drives lean carbohydrate (102 g) and protein calories (50 g) into your tired muscles accompanied by Essential Fatty Acids (EFAs), Medium-Chain Triglycerides (MCTs) (for fast energy) and Conjugated Linoleic Acid (CLA) (to preserve lean mass). The combined effect is to allow you to gain muscle mass, speed and strength incredibly faster and keep every pound of it thereafter. This protects and enhances your ability to sustain higher muscular forces at higher speeds, also known as "speed X strength", or power. And when it comes to performance, power is what defines a great athlete.

THIS IS A SPORTS FOOD SUPPLEMENT STRICTLY INTENDED FOR USE IN CONJUNCTION WITH A CALORIE AND NUTRIENT ADEQUATE DIET AND A STRUCTURED EXERCISE PROGRAM. NOT SUITABLE FOR CHILDREN UNDER 15 YEARS OR PREGNANT WOMEN. CONSULT WITH A MEDICAL DOCTOR BEFORE USING IF YOU ARE UNAWARE OF YOUR HEALTH STATUS OR YOU HAVE A MEDICAL CONDITION.

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\*\*\*Products are formulated without any known banned substances as listed by leading sport organization drug testing programs and the FDA. All athletes are responsible for and must be aware of, and comply with, their sports rules, regulations, banned substance and anti-doping policies and procedures. For an updated detailed listing of the classes of compounds tested for visit [www.bscg.org/index-4.html](http://www.bscg.org/index-4.html). A sample of the batch from which this product was created was analyzed for a list of substances banned by sport. No substances were found above the detection limits. Please see details at [www.bscg.org](http://www.bscg.org)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

#### Supplement Facts

| Serving Size: 4 Scoops (173g) |               | Servings Per Container: approximately 23 |        |
|-------------------------------|---------------|------------------------------------------|--------|
| Amount Per Serving            | % Daily Value | % Daily Value                            |        |
|                               | with Water    | with 2 cups Whole Milk**                 |        |
| <b>Calories</b>               | 671           | 963                                      |        |
| <b>Calories from Fat</b>      | 63            | 207                                      |        |
| <b>Total Fat</b>              | 7 g 10%**     | 23 g                                     | 35%**  |
| Saturated Fat                 | 2 g 10%**     | 20 g                                     | 100%** |
| Trans Fat                     | 0 g           | 0 g                                      |        |
| <b>Cholesterol</b>            | 75 mg 25%**   | 126 mg                                   | 42%**  |
| <b>Calcium</b>                | 400 mg 39%**  | 952 mg                                   | 96%**  |
| <b>Sodium</b>                 | 440 mg 19%**  | 636 mg                                   | 26%**  |
| <b>Potassium</b>              | 700 mg 20%**  | 1398 mg                                  | 40%**  |
| <b>Total Carbohydrate</b>     | 102 g 34%**   | 124 g                                    | 41%**  |
| Dietary Fiber                 | 4 g 2%**      | 4 g                                      | 2%**   |
| Sugars                        | 9 g^ †        | 35 g^ †                                  |        |
| <b>Protein</b>                | 50 g 100%**   | 66 g                                     | 132%** |

\*\*Percent Daily Values are based on a 2,000 calorie diet. Your diet values may be higher or lower depending on your calorie needs.

† Daily value not established. ^5g Total Sugar as Lactose

#### MASS-PEAK #1 Rated Weight Gainer\*

##### Ingredients:

**Carbo MASS™:** Branched and Linear Chain Carbohydrate Restoration Complex (containing alpha-(1,4) linked Glucose Polymers), Glucose Transport and Lean Tissue Support Complex (containing Chromium Picolinate and Cinnulin-PF® (Aqueous Cinnamon Extract) (Bark)), CarboGen® (Patented Carbohydrate Maximizing Enzyme Complex).

**ProNitro 7™:** Grade A Full Spectrum Bioactive Whey Protein Complex (containing Whey Protein Concentrate, Whey Protein Isolate with naturally occurring critical bioactive compounds including di, tri and oligo peptides, beta-lactoglobulin, alpha-lactalbumin, serum albumin, and immunoglobulins), Micellar Casein Phosphoprotein Complex (containing Alpha, Beta and Kappa Casein), Milk Protein Isolate (containing 80% Casein and 20% Whey protein fractions), Aminogen® Elite Amino Acid Spiking Polypeptide Complex (containing Aminogen® (Patented Protein Maximizing Enzyme Complex) and Proteolytic Enzymes).

**Omega 3-MCT™:** Safflower (naturally containing CLA (conjugated linoleic acid), Flax Seed Powder (containing omega 3 (alpha-linolenic acid (ALA)), omega 6 (linoleic acid (LA)), omega 9 (oleic acid (OA)) and lignans), MCT's (Medium Chain Triglycerides)).

#### MASS-PEAK

##### Amino Acid Profile

**2 Servings With Whole Milk**  
**132,000mg of Amino Acids**  
**Including:**

**24g Glutamine¹**

**25g BCAAs** (Leucine, Isoleucine and Valine)

¹as Glutamic Acid

**Other Ingredients:** Cocoa, Natural and Artificial Flavors, Xanthan Gum, Salt, Acesulfame Potassium and Sucralose®.

**Directions:** As a dietary supplement, mix 4 scoops with 14-16 oz of water or milk depending on your desired consistency. Use approximately 3.5-4oz of liquid for each scoop of MASS-PEAK. Additional servings may be used to meet your daily calorie and nutritional requirements.

Keep out of reach of children.  
Store at 15-30°C (59-86°F).  
Protect from heat, light and moisture.  
Do not purchase if seal is broken.

This product contains milk. This product was made in a facility that also processes egg, soy, peanut, tree nut, fish, crustaceans/shellfish, and wheat products.

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