



calcium magnesium complex

mineral
100 tablets
dietary supplement

bones^v
teeth
immune^v

gluten
free

dairy
free

nut
free

actual size



Supplement Facts

Serving Size 4 Tablets
Servings Per Container: 25

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	80 mg	133%
Vitamin D2 (as ergocalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopheryl acid succinate)	20 IU	67%
Calcium (as carbonate)	1500 mg	150%
Magnesium (as oxide)	420 mg	105%
Manganese (as amino acid chelate)	10 mg	500%
Rose Hips Extract 4:1 (<i>Rosa canina</i>) (fruit) equivalent to 40 mg powder	10 mg	*
Betaine HCl	5 mg	*
Glutamic Acid (as l-glutamic acid)	5 mg	*

* Daily Value not established.

Other ingredients: Maltodextrin, microcrystalline cellulose, croscarmellose sodium, stearic acid, hydroxypropyl methylcellulose, silica, magnesium stearate, lecithin powder, alfalfa leaf powder, polyethylene glycol.

Contains: Soy.

Does not contain: Yeast, Wheat, Gluten, Sugar, Salt, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: As a dietary supplement, take four (4) tablets daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

v These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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