

Do not accept if seal is broken. Product No. 2646
Store between 59°-86° F.

Keep out of the reach of children.

The chromium complex (ChromeMate®) used in this product is yeast-free chromium that is organically bound with 1.8 mg of niacin.

ChromeMate® brand niacin-bound chromium.
ChromeMate® is a registered trademark of InterHealth N.I.

Brand of yeast-free chromium



Lot No:
11A934A
01/14

Best by:



MINERALS

CHROMIUM COMPLEX

200 mcg

A yeast-free biologically active chromium.

100 Vegetarian Capsules

Dietary Supplement



**Country
Life®**

Directions: Adults take one (1) capsule daily with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value	
Niacin (as chromium polynicotinate)	1.8 mg	9%
Chromium (as chromium polynicotinate)	200 mcg	167%

Other Ingredients: Cellulose, cellulose (capsule shell), silica, magnesium stearate.

WARNING: If you are pregnant or nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, corn, wheat, soy, gluten, milk, salt, sugar, starch, preservatives or artificial color.

Country Life 101 Corporate Drive
Hauppauge, NY 11788
www.countrylifevitamins.com

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