

Do not accept if seal is broken. Product No. 2601

Store in a cool, dry place. Keep out of the reach of children.

The Zinc to Calcium and Magnesium ratio is essential for maximum synergistic utilization. Glutamic acid creates the optimum pH for the absorption of these minerals.

NO: Yeast, corn, wheat, soy, gluten, milk, salt, sugar, starch, preservatives or artificial color.

† Country Life always labels their minerals in elemental weight.

Do not consume this product if you are allergic to shellfish.

03D8L
Lot No:

09L816B
12/14

Best by:



CALCIUM MAGNESIUM ZINC

With L-Glutamic Acid

100 Tablets



Country Life®

Dietary Supplement

Directions: Adults take three (3) tablets daily. For best utilization, take with food.

Supplement Facts

Serving Size 3 tablets

Servings Per Container 33

Amount Per Serving

% Daily Value

Calcium (as oyster shell, ...1,000 mg 100%
calcium carbonate)†

Magnesium (as magnesium oxide)† ..500 mg 125%

Zinc (as zinc gluconate)† 50 mg 333%

L-Glutamic Acid 100 mg*

* Daily Value not established.

Other Ingredients: Cellulose, stearic acid, cellulose & glycerin coating, magnesium stearate, silica.

www.countrylifevitamins.com
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