



TFX114AM
LTFX114AM01



SUPPLEMENT FACTS

Serving Size: Three Capsules Servings Per Container: 30

Three Capsules Contain:		% DV
Vitamin A (3,000 IU as Mixed Carotenes and 2,000 IU as Palmitate)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	250 mg	417%
Vitamin D (as Vitamin D3)	2,000 IU	500%
Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	20 IU	67%
Vitamin K (100 mcg as Vitamin K1 and 100 mcg as Vitamin K2)	200 mcg	250%
Thiamin (as Thiamin HCl)	50 mg	3,333%
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	12 mg	706%
Niacin (as Niacinamide)	60 mg	300%
Vitamin B6 (as Pyridoxal 5'-Phosphate)	20 mg	1,000%
Folate (as L-5-Methyltetrahydrofolate from (L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	600 mcg	150%
Vitamin B12 (as Methylcobalamin)	600 mcg	10,000%
Biotin	500 mcg	167%
Pantothenic Acid (as Calcium Pantothenate)	45 mg	450%

Three Capsules Contain:		% DV
Calcium (as Calcium Bisglycinate Chelate)	38 mg	4%
Iodine (as Potassium Iodide)	75 mcg	50%
Magnesium (as Magnesium Bisglycinate Chelate)	63 mg	16%
Zinc (as Zinc Bisglycinate Chelate)	10 mg	67%
Selenium (as Selenomethionine)	100 mcg	143%
Copper (as Copper (II) Bisglycinate Chelate)	750 mcg	38%
Manganese (as Manganese (II) Bisglycinate Chelate)	1.5 mg	75%
Chromium (as Chromium Nicotinate Glycinate Chelate)	200 mcg	167%
Molybdenum (as Molybdenum (II) Glycinate Chelate)	50 mcg	67%
Curcumin Phytosome (<i>Curcuma longa</i> extract (root) / Phosphatidylcholine complex)	200 mg	*
Green Tea Phytosome (<i>Camellia sinensis</i> extract (leaf) decaffeinated / Phosphatidylcholine complex)	75 mg	*
Choline Citrate	50 mg	*
d-Gamma Tocopherol (from Mixed Tocopherols)	24 mg	*
Boron (as Bororganic™ Glycine)	1 mg	*

*Daily Value (DV) not established.

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90
Vegetarian Capsules
Dietary Supplement

created for
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A comprehensive multiple vitamin/mineral formula for optimal daytime foundation.*

suggested use:

Take 3 capsules in the morning daily with a meal or as recommended by your fitness professional.

If pregnant, consult your health-care practitioner before using this product.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Laurate, Silicon Dioxide.
Contains ingredients derived from soy (phytosomes). Gamma tocopherol does not have a recognized IU equivalent.

manufactured for:
THORNE FX
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