Do not accept if seal is broken. Product No. 7210 Store between 59°-86° F. Keep out of the reach of children.











11C794A 05/14

Best by:



VITAMIN C

CHEWABLE

500 mg

Vitamin C Complex Supplement

90 Wafers

Dietary Supplement



Certified

GF

Gluten-Free

Directions: Adults take one (1) wafer daily as a source of vitamin C. Chew or allow to dissolve in the mouth. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

mount Per Serving % I		Daily Value	
Calories 10			
Total Carbohydrate 3 g		1%*	
Sugars 3 g		**	
Vitamin C (as ascorbic acid, sodium ascorbate, acerola berry extract 4:1, rose hips)	500 mg	833%	
Sodium (as sodium ascorbate)	5 mg	<1%	
Citrus Bioflavonoid Complex (from lemon, orange and grapefruit)(peel/pulp) providing:	50 mg	**	
Lemon Bioflavonoids	30 mg	- 0	
Orange Bioflavonoids	15 mg	**	
Grapefruit Bioflavonoids	5 mg	**	
Acerola Berry Extract 4:1	12 mg	**	
Rose Hips (fruit)	5 mg	**	
nose nips (itult)	5 mg	. #1	
Black Currant Extract 4:1	Ullig		

** Daily Value not established

Other Ingredients: Fructose, glucose, magnesium stearate, stearic acid, silica, raspberry flavor, lemon flavor.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, wheat, soy, gluten, milk, preservatives, or artificial color.

Country Life

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