

**Suggested Usage:** 1 caplet 2–3 times daily with meals or as directed by a health professional. To minimize the risk of gastrointestinal side effects, slowly increase dose over a period of 2 weeks. Keep out of reach of children.

Supplementing with 5-HTP provides natural support for emotional well-being, and caplets are enteric coated to minimize gastric discomfort and optimize absorption.\* Natural Factors amino acids are the highest quality pharmaceutical grade products available.

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

*Contains no artificial preservatives, color or sweeteners; no corn, dairy, gluten, soy, starch, wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.*

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by Natural Factors Canada  
Distributed by NATURAL FACTORS  
14224 167th Avenue SE  
Monroe, WA 98272

**Purity & Potency  
Guaranteed**



Recyclable container and label.

LOT & EXPIRY 1.3125" x .25" Single Line

# 5-HTP

## 100 mg

### FREE FORM AMINO ACID

### 60 Enteric Coated Caplets

#### EMOTIONAL WELL-BEING\*



## Supplement Facts

Serving Size 1 Caplet

Amount Per Serving

5-HTP (*Griffonia simplicifolia*) (seed) (Pharmaceutical Grade) 100 mg\*\*

\*\* Daily Value not established.

Other ingredients: Dicalcium phosphate, purified water, microcrystalline cellulose, aqueous coating solution (purified water, ethylcellulose, medium chain triglycerides [coconut], oleic acid, carbohydrate gum [cellulose], glycerine, sodium alginate, purified stearic acid), magnesium stearate (vegetable grade).

