

Bone Solid®

Bone Solid® is a unique formula designed to support healthy bone structure, employing benefits from the clinically studied nutrient **MCHA** (microcrystalline hydroxyapatite).

90% of the body's calcium is stored in the bones in the form of calcium phosphate. **MCHA** by structure is calcium phosphate, which is a form of calcium that is closest to the body's own natural bone composition.

Vitamins K1, K2, and D3 are included which help support the utilization of important minerals such as calcium.

Bone Solid® also contains a unique form of boron called calcium fructoborate (a.k.a. **FruiteX B®**). Boron may help to support bone health.***

Adequate calcium and vitamin D throughout life, as a part of a well-balanced diet, may reduce the risk of osteoporosis.



This product has been manufactured at an NSF GMP Registered facility.

As active men and women, we all believe that calcium is important to build and protect our bones. But did you know that your body can tell the difference between bone strengthening products? Some products are more compatible with your body and may simply work better inside you.

Introducing a new bone health product from Country Life Vitamins®. It contains a unique, natural form of calcium called **MCHA** as well as other minerals that your body will recognize as being closest to its own natural bone composition. Ingredients in Bone Solid®, such as vitamins K and D as well as **MCHA**, have been clinically shown to support the utilization of calcium for more complete structural bone support.***

Bone Solid®'s Triple Action:

- 1 Increased Mineral Utilization - by using the MCHA form of calcium that is identical to the body's natural bone composition.
- 2 Strengthens Bones - by providing vital bone supporting nutrients such as vitamins K1, K2, and D3, plus calcium to support bone structure.
- 3 Supports Bone Metabolism - by including nutrients such as vitamin K1, K2, and D3 that support metabolic processes for better bone support.***

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BONE Solid

With Patented **FruiteX B®**

• Clinically Studied MCHA and Vitamin K

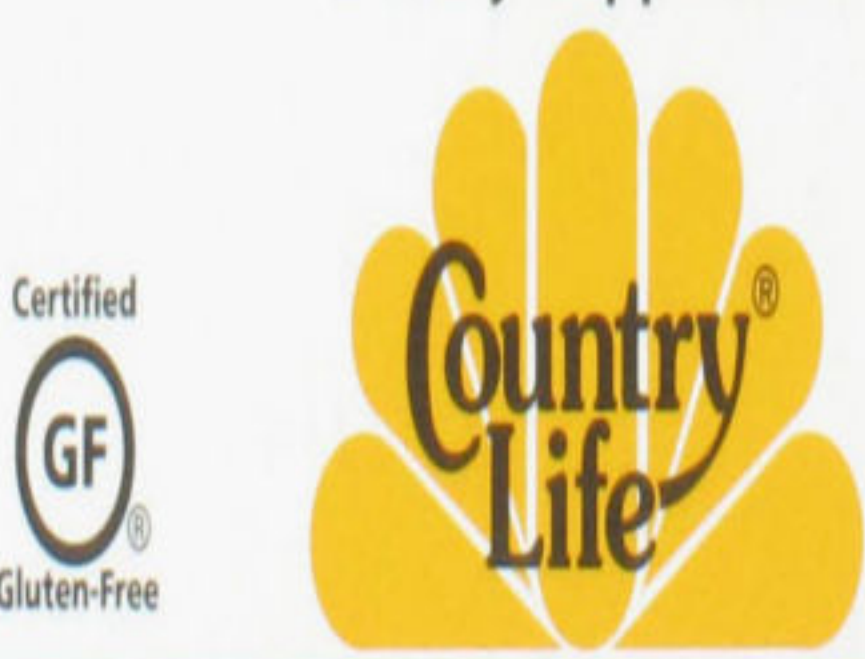


3 TRIPLE ACTION

Clinically Shown to:

- 1 Increase Mineral Utilization
- 2 Strengthen Bones
- 3 Support Bone Metabolism***

Gluten-Free
180 Capsules
Dietary Supplement



BONE SUPPORT

Directions: Adults take six (6) capsules daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts		
Serving Size 6 capsules		
Servings Per Container 30		
Amount Per Serving	% Daily Value	
Protein 1 g	2%*	
Vitamin C (as potassium ascorbate, calcium ascorbate, magnesium ascorbate, zinc ascorbate, manganese ascorbate, copper ascorbate, chromium ascorbate)	100 mg	167%
Vitamin D (D3) (as cholecalciferol - from Lanolin)	1,000 I.U.	250%
Vitamin K (as phytonadione (K1) and menaquinone (K2))	1,010 mcg (1.01mg)	1,263%
Calcium (as microcrystalline hydroxyapatite, calcium fructoborate)†	1,011 mg (1.011 g)	100%
Phosphorus (as microcrystalline hydroxyapatite)†	500 mg	50%
Magnesium (as magnesium oxide, ascorbate, alpha-ketoglutarate, aspartate, citrate, taurinate)†	500 mg	125%
Zinc (as zinc ascorbate, citrate)†	10 mg	67%
Manganese (as manganese citrate, ascorbate)†	1 mg	50%
Chromium (as chromium ascorbate)†	2.6 mcg	2%
Potassium (as potassium ascorbate)†	5 mg	<1%
MCHA (microcrystalline hydroxyapatite providing 1 g protein)	4,170 mg (4.17 g)	**
Calcium Fructoborate (FruiteX B®)	226 mg	**
Boron (from 226 mg of calcium fructoborate)	6 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Cellulose (capsule shell), stearic acid, magnesium stearate, silica.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Yeast, wheat, soy, gluten, milk, sugar, preservatives or artificial color.

FruiteX B® (protected under U.S. Patent #5962049, 5985842, 6080245, 6696419, and 6924269) is a registered trademark licensed exclusively from VDF FutureCeuticals, Inc.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

† Country Life always labels minerals in elemental weight.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured by Country Life, LLC

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