

Do not accept if seal is broken. Product No. 1650
Store between 59°-86° F. Keep out of the reach of children.
The 5-Hydroxytryptophan used by Country Life® is extracted from plant sources.

** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



05110L
Lot No:

10K735A

01/14

Best by:



SPECIALTY SUPPLEMENTS

5-HTP

50 mg (5-Hydroxytryptophan)

A precursor to the neurotransmitter serotonin.**

50 Vegetarian Capsules

Dietary Supplement

Certified



Gluten-Free



Directions: Adults take one (1) capsule daily with food or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value
5-HTP (5-hydroxytryptophan) (<i>Griffonia simplicifolia</i>)(seed)	50 mg *

* Daily Value not established.

Other Ingredients: Cellulose, cellulose (capsule shell), silica, magnesium stearate.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, corn, wheat, soy, gluten, milk, salt, sugar, preservatives or artificial color.

Country Life

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