

Do not accept if seal is broken.

Product No. 7211

Store between 59°-86° F.

Keep out of the reach of children.



Lot No:

10E661B

06/13

Best by:



VITAMIN C

CHEWABLE

ACEROLA

500 mg

Vitamin C Complex Supplement

180 Wafers

Dietary Supplement



Country Life®

Directions: Adults take one (1) wafer daily as a source of vitamin C. Chew or allow to dissolve in the mouth. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 wafer

Amount Per Serving	% Daily Value
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Calories 10	
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Total Carbohydrate 3 g	1%*
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Sugars 3 g	**
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Vitamin C (as ascorbic acid, sodium ascorbate, acerola berry extract 4:1, rose hips)	500 mg	833%
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Sodium (as sodium ascorbate)	5 mg	<1%
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Citrus Bioflavonoid Complex (from lemon, orange and grapefruit)(peel/pulp)	50 mg	**
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providing:		
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Lemon Bioflavonoids	30 mg	**
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Orange Bioflavonoids	15 mg	**
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Grapefruit Bioflavonoids	5 mg	**
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Acerola Berry Extract 4:1	12 mg	**
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Rose Hips (fruit)	5 mg	**
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Black Currant Extract 4:1	5 mg	**
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Rutin (from <i>sophorae japonica linn</i>)(flower)	5 mg	**
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* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Fructose, glucose, magnesium stearate, stearic acid, silica, raspberry flavor, lemon flavor.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, wheat, soy, gluten, milk, preservatives, or artificial color.

Country Life

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