

Do not accept if seal is broken.
Product No. 6503. Store between 59°-86° F.
Keep out of the reach of children.



Country Life

101 Corporate Drive, Hauppauge, NY 11788
www.countrylifevitamins.com

Lot No:

11A913A
01/14

Best by:



B VITAMINS

HI-POTENCY

BIOTIN

1000 mcg

100 Tablets

Vitamin Supplement

Country Life®



Directions: Adults take one (1) tablet daily with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value	
Biotin (as d-Biotin)	1,000 mcg(1 mg)	333%

Other Ingredients: Cellulose, stearic acid, cellulose & glycerin coating, silica, magnesium stearate, vegetable glaze.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.
NO: Yeast, corn, wheat, soy, gluten, milk, salt, sugar, starch, preservatives or artificial color.