

Breathe-EZ sinus support:

- Helps support a healthy inflammation response*
- Provides antioxidants to help manage free radicals*
- Supports immune function*

For life's change of seasons, there's LifeSeasons™.

Every new season brings change. It's the cycle of life that renews and energizes. Yet as you age, poor diet, environmental toxins, lack of exercise or personal stress can challenge your good health. LifeSeasons offers a brand of supplements designed to support both your daily nutritional needs plus specific health concerns.



This **Best in Class** formulation combines premium ingredients to support the body's natural immune function.*

Quercetin — Helps support normal histamine production*

Bromelain — Helps maintain healthy nasal mucus*

Vitamin C — Helps support normal histamine production and supply antioxidants*

Citrus bioflavonoids — Helps support blood vessels and a healthy inflammation response*

Nettle leaf — Supports immune function*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Breathe-EZ Sinus Support*

Quercetin
Bromelain
Vitamin C
Citrus bioflavonoids
Nettle leaf

Dietary Supplement 90 Vegicaps®

Suggested Use: Take three Vegicaps® daily with or without food.

Supplement Facts

Serving Size: 3 capsules
Servings per container: 30

Amount per serving	% Daily Value**	
Vitamin C (Ascorbic Acid)	500 mg	833%
Magnesium (as Magnesium Oxide)	30 mg	8%
Quercetin	1,000 mg	†
Bromelain (2400 GDU)	250 mg	†
Citrus Bioflavonoids (50% total bioflavonoids consisting of flavones [hesperidin, eriocitrin, naringen and naringenin], flavanols and flavones)	200 mg	†
Nettle Powder (leaf)	100 mg	†
Astragalus Extract 5:1 (root)	100 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Vegetable cellulose, vegetable magnesium stearate, silica.
DOES NOT CONTAIN artificial colors, gluten, preservatives, yeast, wheat, soy, corn and milk.

DO NOT TAKE WITHOUT FIRST CONSULTING YOUR HEALTH CARE PROVIDER IF YOU ARE TAKING: blood-thinning medications or blood sugar lowering medications.

Manufactured for LifeSeasons™
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